Serving the communities of Albany, El Cerrito and Kensington

Thursday, September 21, 1989

# Ibany buses may be confined to truck routes

The current amendment under

consideration exempts all buses, whether or not they are "public" from truck route regulations "when traveling on a scheduled bus route" as well as "any vehicle owned by a public utility while in use in the construction, installation or repair of any public utility." Otherwise, all vehicles weighing more than five tons must use designated truck routes

Buchanan/Marin Avenue from Cleveland to San Pablo

limit
Jackson Street, though posted
as a truck route since 1984, is not
an official truck route. The council was unable to decide Monday
whether or not Jackson Street

Councilmembers William Lewis and Ed McManus both

anie-headed mirth

# Local sci-fi author reveals his other selves

ing to talk with And he's a in fact, the only endee wearing that dgear. He was also, t when one Mendocino found out why, she dherself "starstruck." that Nelson is more established author. he inventor of the ppellered cap. 1947 that he designed made famous in the sion program, "Beanie" Every year he receives in royalty payments stellar Propeller of he only beanie e endorses. They meet

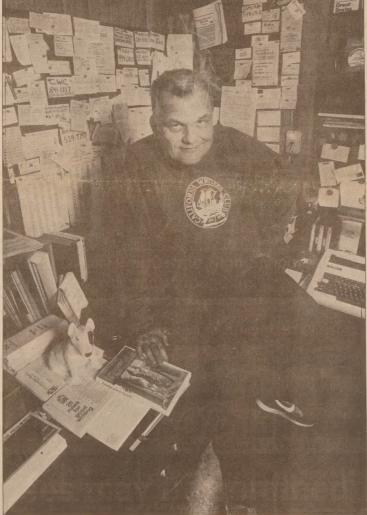
dorses. They meet

the endorses. They meet trds of quality.

an see that they have a strance," he said. "And lidly put together." is invention of the s not an unusual e in his life. A man of on, curiosity and that variety of es and creative pursuits. Cerrito resident since as written numerous ies and more than 20 cause he enjoys the of keeping busy, he has number of other ins and projects along

suildings of the future look like?

buildings of the future look like?



Ray Faraday Nelson writes out of his El Cerrito home

'Hes a very unusual man. You can see that anyone walking around here wearing

- Book editor William Johnston

a beanie would be'

editions from fans who write to him from as far away as Egypt and Iran.

A born storyteller

Nelson began his writing career 50 years ago as an 8-year-old who enjoyed "telling stories to other children in the play yard at school." He began cartooning as a child, too, illustrating comic books in imitation of Superman and Batman

and Batman.

He still draws. His cartoons have appeared in such diversity of Chicago Magazine and The American Window Cleaner(for

whom he designed this month's

whom he designed this month's cover).

It was as a freshman in high school that he wrote his first full story. He was helping to found the school's newspaper so he wrote a science fiction piece "to fill up space." Through the 1940s he wrote well over 100 of them, and like many science fiction writers in those days he published them himself. He used his father's mimeograph machine and cranked out story after story by hand.

But the "one great triumph of

cranked out story after story by hand.

But the "one great triumph of my youth," he said, didn't have anything to do with his writing. It involved one of his many hobbies: aircraft spotting. During World War II, he collected manuals and grew to be familiar with different types of aircraft.

At one point, the U.S. Air Force painted an American insignia on a captured Japanese Zero plane, then flew it from California to New York to see

See NELSON on page 7

See NELSON on page 7

El Cerrito

# **Developer settles with** city over defunct project

EL CERRITO — The city will receive nearly \$20,000 from a developer whose project never got off the ground, the council decided Monday.

The settlement is a result of the termination of a 5-month-old agreement with C.L. Associates. The firm planned to build a 42,000 square foot retail and auto service complex on San Pablo Avenue near the Del Norte BART station. A Winston Tire store currently occupies the site.

The city broke off the agree-

rently occupies the site.

The city broke off the agreement when the developer failed to provide the necessary deposits.

Although under the terms of the settlement the city will receive only \$19,250 of the \$29,250 it is owed, city staff recommended settling with the developer rather than pursuing the matter in litigation.

tion.

In its report to the council, city staff said legal fees stemming from a lawsuit would significantly subtract from any additional award won in a court battle.

The council also agreed Monday to postpone adopting its annual affirmative action report despite findings that the city has made progress in minority hiring.

According to the report, the

jobs increased slightly in the last year, from 18.6 to 18.8. The previous year saw a jump from 14 percent to the 18.6 figure. City Clerk Joanne Sidwell said the city's low job turnover con-tributed toward slowing minority

the city's low job turnover contributed toward slowing minority employment. She was positive, however, in her apprisal of the report's figures.

"The really notable increase is in the police and fire department," she said. "In the last 12 months, we've hired two black police officers."

The department now has three black officers on a force which totals 36.

Sidwell also said women have made significant gains; they now represent 28 percent of the work force, up 5 percent from the year before. The report noted, however, that Asians make up only 2.4 percent of the work force.

Councilmember Stephen Porter called for the postponement in order to give the Human Relations Commission a chance to evaluate the report and make recommendations on how best to proceed in meeting affirmative action goals.

In other action, the council approved raising the salary of most part-time city jobs by 50 cents per hour.



## Albany beach clean up scheduled for Saturday

ALBANY — The city's Recreation and Community Services Department will sponsor the annual Albany Beach Cleanup this Saturday, Sept. 23, from 10 a.m. to 2 p.m. Complimentary soft drinks and barbecues will be provided. Participants are urged to bring their hamburgers and hot dogs, as well as their own "fixings."

Director of Recreation John

ticipants to dress warmly and to bring work gloves. There will be prizes awarded for the most exotic trash and treasure collected. Kids of all ages are welcome.

Albany Beach is located behind the north Golden Gate Fields parking lot at the foot of Buchanan Street. For information call the Recreation and Community Services office at 528-5740.

TALES OF OLD EL CERRITO: Back in the days before the Interstate had made its impact, back when San Pablo Avenue was still the local highway, there was a roadside eatery in town known as Mammy's Place.

The 1932 Bay Area phone directory shows Mammy's Place (phone RIchmond-2776) at the corner of what was then Fall and San Pablo. Manny's closed during the '30s but its memory lives on. In fact, you can see the building itself, original hand-painted sign (now faded) and all, at El Cerrito Mill & Lumber. "½ Spring Chicken, southern style" says the sign. "Sandwiches, milkshakes, beer on draft." And over the door in arching letters is painted "Dancing."

To see it is to get a glimpse of the city's past that is all too rare in modern El Cerrito. Elmer J. Freethy, who has owned the lumber mill since 1944, has found memories of Mammy's Place. And he still affectionately refers to the building that now houses part of the lumber operation as "the chicken shack."

"It's quite a story," said Freethy, who will be 85 in October. "There's a lot of history to that building."

The chicken shack "used to sit where Kinney's Shoe Store is now, where a street called the Panhandle came into El Cerrito at an angle." For Freethy, who has lived in Richmond and El Cerrito since 1907, the building is more than just a reminder of the way the city used to look. "In 1929 my wife-to-be taught school. The first paycheck she got she took me to dinner at Mammy's."

paycheck she got she took me to dinner at Mammy's."

Dinner at Mammy's, he said, was two pieces of chicken, cole slaw, potatoes and gravy, biscuits and a cup of coffee, for 85 cents.

"There were booths on the sides and in the middle was a dance floor," he said, conducting a tour of the layout now taken up by lumber and building supplies. A juke box supplied the dance music.

building supplies. A juke box supplied the dance music.

In 1930 Freethy, who was in the construction business, married the school teacher.

Mammy's Place reentered their lives in 1944 when Freethy bought the lumber mill from John Carrick.

Carrick had bought the roadside restaurant when it closed and moved it to its present location at 10821 San Pablo (1206 San Pablo before the avenue was renumbered).

"Along with the purchase of this business was this Mammy's Shack," Freethy said. "That's one reason I haven't painted it out."

The original chicken shack has had some modifications over the years and has been incorporated into part of the larger lumber building. But much of it is intact and it is worth a trip to see one of the few pieces of architectural heritage remaining in El Cerrito.

Freethy has made his share of contributions to the local landscape through his contracting



By Chris Treadway

business, including El Cerrito High School and the Civic Center in Richmond. But the Chicken Shack is just as special.

"A lot of people say don't paint over that chicken. I'm trying to get a permit to modify the front of the building, but how to preserve the chicken is something else."

When the lumber mill site was named as one of the city's redevelopment areas, Freethy feared that Mammy's Place and the rest of his business had seen its last. But city officials say that for the present, nothing they bring in could equal the \$3 million to \$4 million in business the mill does annually selling lumber and custom cabinetry and woodworking.

Incidentally, the phone number of El Cerrito Mill & Lumber remains the same as it was when Freeth bought the business: LAndscape 5-0220

DROUGHT? WHAT DROUGHT? It was only natural that the Bay Area was hit with its first heavy rain in recent memory just three days after the East Bay Municipal Utility District declared an end to the drought emergency.

Undoubtedly the cumulative effect of all those cars being washed after water restrictions were lifted.

EVERY CELEBRITY HAS A CAUSE: The Center for Marine Conservation scheduled a press conference Sept. 14 on a serious topic — "Plastics to medical waste: what trash is found on California's beaches." The conference, scheduled to be held at the World Affairs Center in San Francisco, was to discuss how "...marine pollution is adversely affecting the economies of California's coastal communities while needlessly killing thousands of seabirds and marine wildlife along the coast," read the press release.

At the bottom of the release it added, "The Center for Marine Conservation will be joined by Popeye the Sailor of King Features." Just having a worthy topic isn't enough these days. You have to have somebody with real name recognition to draw media attention.

draw media attention.

CALIFORNIA COASTAL CLEANUP DAY
is this Saturday and local target areas include the
Albany and Berkeley shorelines.

The East Bay Regional Park District is among
the groups seeking vlunteers for the cleanup,
scheduled to go from 8:30 a.m. to 3 p.m.
Participants will receive T-shirts and be treated to
a barbecue afterward. For information phone
Jane Moorhead at 530-4875.

#### Letters

#### NAACP is seeking new members

Editor:
The El Cerrito Branch of the National Association for the Advancement of Colored People is currently conducting a membership campaign.
This is part of a nationwide effort by all branches to double the present total membership.
Since the NAACP is a crassroots organization, it

great progress toward those goals.

Black people are unquestionably better off than they were in the days of lynchings and virtually total segregation. However, in the last two decades of increasingly reactionary political and social climates that progress has been retarded, and in many ways reversed.

Racial bias and discrimination have become more open and acceptable. Educational and employment opportunities for blacks have deteriorated. The economic prosperity of recent years has not filtered through to the black segment of the population.

Holloway, membership chairperson, at 568-5929. Pat Freeman Publicity chairman, NAACP Kensington

#### Non-citizens need housing rights

The Journal received a copy of the following letter supporting a bill sponsored by Assemblyman Robert Campbell that would prohibit housing discrimination against noncitizens.

Governor:
Assembly Bill 2208 is a response to the demographic trends in California. It is the first time that this most vulnerable category of people, the non-citizen, has ever specifically been addressed in California statute.
There (presently) is no specific mention in either the government code section (12955) or the Unruh Civil Rights Act, of the non-citizen.

or the Unruh Civil Rights Act,
of the non-citizen.
There is no mention in any
mission statement, brochure,
pre-application intake sheet,
staff training or annual report of
the non-citizen by the Fair
Employment and Housing
Department.
Landlords can afford to be

more selective in their chain tenants and are asking for immigration cards as quais many landlords misundent the Immigration Reforms and assume that they also to housing.

We sincerely hope that sign the bill and share with the feeling about prepara California for the future James but the feeling about prepara California for the future the feeling about prepara California for the future James but the feeling about prepara California for the future James but the feeling about prepara California for the future James but the feeling about prepara California for the future James but the feeling about prepara California for the future James but the feeling about prepara california for the future James but the feeling about prepara california for the future James but the feeling about prepara california for the future James but the feeling about prepara california for the future James but the feeling about prepara california for the future description and the feeling about prepara california feeling about prepara

## E.C. playgroup not jeopardized

Editor:

We wish to respond to the misleading letter from Many Owens published in your Aug 25 edition. Ms. Owens completely misrepresents the present situation existing to tween Phoenix Preschool at the El Cerrito Cooperative Playgroup.

the El Cerrito Cooperaire
Playgroup.
Phoenix Preschool has nevery effort to cooperae; whee playgroup in sharing spitche El Cerrito United Meth Church.
The playgroup is in no to whatsoever of losing its use the facilities through the and of anyone at Phoenix Preschoenis Preschoenis

See LETTERS or

## The Journal

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#### "At age 60, our Agents have decided to do more stretching



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## Men steal purse from woman who gives them directions

CERRITO — The follow-is a partial account of crimes is a partial account of crimes is cidents occurring recently,

ness burglaries
mond couple who hid
of Longs Drugs items
apping bags on Sept. 7

ht.
rium-Capwell was the
two thefts on Sept. 7: A
i man was arrested for
ith nearly \$60 worth of
nd an unknown suspect
ill at large stole dresses

• Two suspects nabbed \$150 worth of clothing from Millers Outpost Sept. 7. They fled in a tan or brown 1970 Oldsmobile Cutlass.

Sept. 10 Food Bowl recovered
 \$62 worth of items stolen from its

shelves.

• Also on Sept. 10 a resident of the Idaho Motel attempted to take meat and liquor from Safeway. He was arrested.

• On Sept. 11 a Pleasant Hill couple tried to cash stolen and forged checks at Cash-It Checks.

• Someone stole plants valued

a bedroom window on the \$600 block of Central Avenue Sept. 8 and left with \$1,000 cash, \$1,900 worth of jewelry and \$1,590 worth of electronic equipment.

• On Sept. 14, \$12,590 worth of valuables were stolen from a home on the 1200 block of Elm Street. Cash and a white 1988 Chevrolet Nova were among the items missing.

• A San Francisco man staying at the Travel Lodge motel was threatened with a handgun Sept. 8 by two youths who took his 1987 Nissan Maxima. The car was later recovered.

recovered.

• A blue 1977 Oldsmobile Delta was taken from a driveway on the

American heritage and basic freedom.

To not teach moral values is to ill equip youth for life and to inflict immeasurable damage upon the entire society. The McGuffey readers, used for several generations in the education of American youth, contributed much to the moral foundations of those generations.

Prevalence of today's apathy and disillusionment can be attributed to neglect in development of the individual's responsibility and conscience.

The attack upon religious freedom — particularly the forbidding of traditional American Christian practices — is an attack upon basic freedom. It has no validity from either the U.S. Constitution or its amendments and should be challenged wherever it appears.

Dr. John Hartford

1300 block of Arlington
Boulevard Sept. 12. A reportedstolen vehicle was left in its place.

• A Buick Regal reported stolen
from the 1600 block of Julian
Drive Sept. 12 has been
recovered.

recovered.

• A 17-year-old out of Richmond was stopped on Carlson at Avila Sept. 13 after he tried to flee from the officer chasing him. The youth was riding a motor scooter stolen in Albany not too long ago.

ong ago.

A tan 1985 Oldsmobile Delta
was taken from a San Pablo
Avenue parking lot Sept. 13.

A brown 1975 Datsun 280Z
was stolen from a home on the
3200 block of Yosemite on Sept.
13.

Thefts

A woman resident of Tapscott Avenue walking along Kearney Street south of Wall Street Sept. 9 was stopped by two men in a white car asking for directions. As she approached the vehicle, the passenger grabbed her purse containing \$100.

Someone took a \$25 radio antenna from a TransAm parked on the 6900 block of Fairview Drive Sept. 10.

One thousand dollars worth of miscellaneous items were reported stolen from a storage building on the 1400 block of Kearney Street on Sept. 11.

A Key Boulevard woman was knocked down by a man as she walked along Portola near San Pablo Avenue on Sept. 13. The suspect grabbed her tote bag and ran away.

A \$500 cellular phone was

suspect granded ner tote bag and ran away.

• A \$500 cellular phone was forced from a pickup truck on Lincoln at Norvell on Sept. 12.

• Somebody removed stereos worth \$1,400 from cars parked in a San Pablo Avenue lot on Sept. 14.

Malicious mischief

A Portola Junior High School student entered a locked vehicle in

See POLICE on page 4

#### Journal Profile



Dale Power, 44, Vice President, Co-owner Nation's Foodservice.
"Began work as a janitor for original Giant Hamburgers while a student at Richmond Union High."
Community role: Vice President, West County Business and Professional Association

sional Association
Familly: Wife, Danielle; children Tiroy, 22; Chad, 17; Cara, 11; Grant, 9
Hobbies: "Skiing, running, camping (climbed Mt. Rainier and the Grand
Teton); youth baseball, travel, Cal football games."
Books Last Read: "Cardinal of the Kremlin," by Tom Clancy (have read
all his books); "Presumed Innocent," by Scott Turow.
Favorite Films: "James Bond movies with Sean Connery, most Clint
Eastwood, Top Gun."
Favorite Local Restaurant: "Nation's!"
Favorite Local Restaurant: "Nation's!"
Most Admired Public Flourage: "Somper Sep. Adhur M. Read I. who

Favorite Local Restaurant: "Nation's!"
Most Admired Public Figures: "Former Sen. Arthur H. Breed Jr. who
was a strong supporter of public education, state parks and highways. He
was a good friend who recently passed away."

Finds Intolerable: "Illegal drug trade and use with its attendant crime.
For a large segment of our population, (it's) related to poverty and poor
education. Abuse of our environment including destruction of old growth
redwoods and rain forests."

## ens would know this if a participating member

Letters

#### allenge separation church and state

Bor.
The first 10 amendments to
U.S. Constitution, known as
Bill of Rights, were proposec
p. 25, 1789 and were ratified
p. 15, 1791.

WEISS

DOG TRAINING

Although the founders had a Judeo-Christian heritage they denied Congress, and thereby the federal government, the control of religious practices.

Freedom in worship was left to the responsibility of the citizenry which with its Judeo-Christian heritage forbid such unacceptable practices as huma sacrifice — a frequent practice in ancient religions.

The worn cliche, separation of church and state, has repeatedly been set forth, in recent years, as the grounds for prohibiting traditional American Christian practices, such as baccalaureate services for graduating classes.

No such prohibition or authority is provided by either the U.S. Constitution or its amendments.

Wherever the current school system prohibits the posting of the 10 commandments, wherever it prohibits voluntary prayer, peaceful assembly or accessibility of books such as the Bible, it denies those students the

### WHY WEIGHT?

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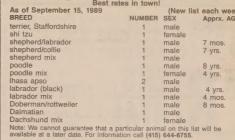
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#### Police Report

Compiled by Christina Dravis

the Del Norte BART parking lot Sept. 8 in an attempt to steal it. He fled and was caught by police.

- A rock caused \$300 in dan to a windshield of one of Strough's Hondas Sept. 9.
- Police found a concealed and loaded handgun in the jacket pocket of a Richmond man at the Bay Bridge Motel Sept. 9.
   A Richmond man is suspected

- of cutting the brake line of a Cadillac on the 5800 block of Avila Sept. 10. Damage is \$40. 
   A Berkeley youth was taken into custody Sept. 10 for forcibly taking a Norvell Street 13-year-old's hat and fleeing officers at the scene.
- old's nat and neeing officers at the scene.

   A San Pablo woman was found to be in possession of marijuana Sept. 10 when an officer searched her car at Lincoln and San Pablo avenues.
- A Honda on the 6100 block of Alvarado was damaged by a small projectile Sept. 12. Damage was \$318.
- On Sept. 14 a Mountain View man broke into a room at the Idaho Motel and cut a woman's throat with a razor. He was caught and arrested.

   A woman on the 5800 block of Charles Street received phone calls in the early morning Sept. 12.

#### Bratty toddlers draw unexpected response

ALBANY — The following is a partial account of crimes and incidents occurring recently, according to police.

- ding to police.

   A transient was barred rom Safeway Sept. 7 for eating fruit he did not pay for.

   Two youths entered the rear yard of a home on the 1100 block of Santa Fe Sept. 7, forced open a window and sneaked inside. The resident returned home and saw the boys leaving over her backyard fence. Officers apprehended both suspects nearby.

   A Berkeley man stopped for making an illegal U-turn on San Pablo Avenue Sept. 7 was arrested for driving with a suspended license. Bail was set at \$500.

   A Richmond man reported as being obnoxious to passing traffic on San Pablo Avenue was arrested for intoxication.

   A Rodeo man's pickup truck was hearderight in the Albary.

- A Rodeo man's pickup truck was burglarized in the Albany

on your insurance.

Sonja E. Haney

- Bowl parking lot Sept. 8.

  Two Albany youths were attacked by suspects near the Bowl Sept. 9. One of the boys was hit several times. His friend fled and returned later to find that his \$130 bike had been stolen.

  On Sept. 9 a neighbor reported a possible domestic fight and loud noises coming from an apartment on the 1200 block of Brighton Avenue. Police found two toddlers shouting at their mother who was trying to put them to bed for the evening.

  A dark blue 1981 Oldsmobile Cutlass was stolen from the Turf Club parking lot Sept. 8.

  A woman on the 900 block of Neilson Street reported a possible prowler in her basement Sept. 9.
  The prowler was found to be a cat who had knocked over some boxes.

  An Evelyn Street man left

- boxes.

   An Evelyn Street man left \$200 worth of clothing in a dryer at a Solano Avenue laundromat Sept. 9. He returned an hour later to find all of his clothes missing.

   Officers investigated a man accused of suspicious behavior on the 1000 block of Castro Street Sept. 10. The man, out of

Oakland, had a 91/2-inch knife in

- his possession.

  Handtools were stolen from a secured tool box on the 600 block of Stannage Avenue Sept. 10.
- Several youths were arrested for attempting to pry open the cash box of a video game at Round Table Pizza Sept. 11.
- Coins and a handgun, totaling \$265 in value, were stolen from a home on the 1000 block of Ordway Sept. 12.
- Three harassing messages were left on the answering machine of a man on the 1000 block of Kains Sept. 11.
- Also that day two suspects entered The Pub on Solano Avenue. As one distracted employees, the other took the tip container and left. When the clerk followed the suspects outside, they were observed putting the container in a nearby mailbox.

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Collective

Berkeley Antique Design Center New English Container Just Arrived! Now Open Thursday Evening til 8 Open 11-5, 7 Days a Week 841-180 811 University Ave. (at 6th St.) Berkeley,

Richmond Unified

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ITI

# Schools form speakers service

RICHMOND — The Richmond Unified School District has launched a District Speakers Service to schedule personnel as speakers at formal organization meetings and informal gatherings throughout the area.

RICHMOND — The Richand Unified School District has
unched a District Speakers Serice to schedule personnel as
peakers at formal organization
leetings and informal gatherings
broughout the area.

In a letter to leaders of local
livic groups and service clubs,
uperintendent Walter Marks has
neouraged the practice of asking
istrict personnel as speakers and
delivering speeches through the
professional Development Center
for those staff members who want
to improve their speaking skills.

Speech subjects range from early childhood education, which is
timely in America today, to new In a letter to leaders of local civic groups and service clubs, Superintendent Walter Marks has encouraged the practice of asking district personnel to address meetings in order to keep community members conscious of what is happening in their schools.

special education p requirements, and f ship efforts with pri to innovative alte grams to combat dri

American educators vene in Richmond in for a strategy meeting in education sponsor U.S. Department of and to see firsthand schools are doing.

## City of Albany honors Kensington officer

KENSINGTON — Sgt. Barry Garfield and Officer Gary Gannon from the Kensington Police Department received letters of commendation from the city of Albany recently for their assistance during an Aug. 18 burglary.

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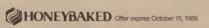
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## another Andronico's opens

nn. Andronico family's market is was started 60 years ago hn's father Frank, who ad a vegetable stand at the of Solano and Fresno

k four steps to acquire ad-property for the present square foot supermarket. of 1956, the family open-Telegraph Avenue store October of 1959, the San

Dr. Steven Isono was take the position of the High School physician, he accepted. He has always erested in youth sports—wer from the Santa Barbaschool where he was octor for both boys' and war for two years.

en, the backbone of the the people who do not to f playing time," Isono I think it is important to the those players."

have fun. While examining or treating patients, his attitude is that even if you are hurting, he will try to lift your spirits.

Albany High football coach Ed Hill has said about Isono: "He is very energetic and enthusiastic. He is really happy to help out. He is a real find."

High school athletic director Kermit Bankson expressed the same feeling: "Isono opened his door to all kids. He is that kind of

same feeling: "Isono opened his door to all kids. He is that kind of guy."

Isono came to Albany in April of this year when many of his associates in this area complained they either had to go to Contra Costa County or Alta Bates Hospital.

He sought a central location where patients can be diagnosed and treated. When he opened his San Pablo Avenue office, he never dreamed he would be so busy. The demand for his services in this area has been overwhelming.

Just a few months ago he could not envision the need for an orthopedic surgeon and sports medicine doctor in this area. Whether performing surgery, seeing patients or teaching, Isono always has a quick smile and kind words.

His wife, Elizabeth, is expective their first elitiks.

words.

His wife, Elizabeth, is expecting their first child in January. They are looking for a local permanent residence in this area. Elizabeth is an occupational therapist working at Stanford Hospital where her husband teaches. She will eventually join him in his office.

#### Old hospital, new center

Old hospital, new center Now that the Recreation and Community Services department has moved its offices from city hall to the newly-acquired Albany Library site, a cleanup program has begun and rooms are being used, according to John Williams, director of the department.



Dr. Steven Isono and Dr. Ken Gjeltema

Williams' staff is converting rooms for meetings, activities and classrooms. Until the City Council makes definite plans for the new library site (formerly Albany Alta Bates Hospital), rooms are being painted and plans made for the multi-purpose room for large gatherings which need a kitchen.

Albany Mayor Henry Kruse has formed a committee to seek ways of raising funds for the building renovation.

The center's address is 958 Masonic Ave. in a building separate from the library site. They have on loan from the Chamber of Commerce five large historical photographs of early Albany.

#### Pasta Fest a success

More than 200 Albany Pasta Fest guests enjoyed their fettucini and capon breast dinner served by the Albany Chamber of Com-

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merce at the Royal Cafe on the eve of last week's Solano Stroll.

Cafe owners Magid Mahani and Javad Parsa not only donated the dinner to the chamber but per-sonally prepared each entree. Chairing the dinner were Mary Weiland of East Bay Paint Center and Deirdre Sanchez of Wild Wools.

A special thank you goes to Paul Giganti of Albany (who attended last year's Pasta Fest as a guest and observed how much fun the chamber board of directors were having serving guests) for volunteering to help this year.

Octoberfest

Soroptims International of Albany will hold its Sixth Annual Octoberfest Saturday, Oct. 14, at the Veterans Memorial nuilding. There will be traditional Octoberfest food, dancing and door prizes. Tickets are \$10 per person and are available at the chamber office.

## NAACP will celebrate its 22nd anniversary

The El Cerrito NAACP celebrates 22 years under the charter of the National Association for the Advancement of Colored People. Members and friends are invited to a champagne celebration at the Mira Vista Church, 7075 Cutting Blvd. in El Cerrito from 7:30 to 9:30 p.m. on Sept. 29.

Mayor Jean Siri and other city leaders will be in attendance as well as regional NAACP leaders and branch presidents from this area.

Attorney Nathaniel S. Colley

Attorney Nathaniel S. Colley Jr. will be guest speaker. Since 1949 Colley has practiced law in Sacramento. From 1971 to 1978 he was a part-time professor of law at the University of the Pacific, McGeorge College of Law. He has lectured extensively at Continuing Education of the Bar, University of California Extension Service, as well as for the California Trial Lawyers Association seminars.

California Trial Lawyers Association seminars.

Nathaniel Colley is the NAACP Western Regional Counsel and is a member of the NAACP's National Legal Committee. He has served since 1961 on the National Board of Directors and as chairman, board of trustees, of the NAACP Special Contribution Fund.

Two NAACP/ACT-SO national scholarship winners will perform: Alaine Rodin-Lo, soprano, who is a graduate of the Maybeck High School in Berkeley. She is in her final year of undergraduate study at the San



Scholarship winner and soprand Alaine Rodin-Low will perform



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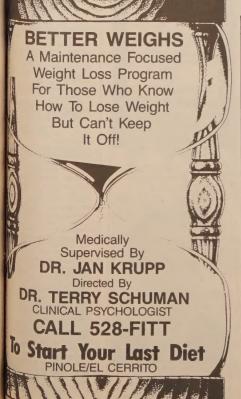
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## **EBMUD** lifts drought emergency measures

Not all board members like decision

By Chris Treadway

Even though drought conditions still exist, the drought emergency is officially over, the East Bay Municipal Utility District Board of Directors declared last week.

Because district water reserves are 50 percent over the necessary minimum needed to make it through a dry year, the board voted 4-2 to end the water saving inducements it began introducing in March of 1988.

"We've gotten through the summer meeting our goals and being in a good position," said Boardmember John Gioia. "Much of it is due to savings by our ratepayers. Even if we had an event year like in 1978 we would still be above the minimum."

we would still be above the minimum."

Not all of the boardmembers agreed that lifting the emergency was a good idea.

"Either we have a drought emergency or we do not," said Helen Burke, who voted to continue restrictions. "The word from staff is that we have not emerged from a drought situation. We're going to look pretty foolish if it comes April or May and we're facing another dry year."

The board's action rolls

State Schools Superintendent Bill Honig says 1989 is a "success story" for this year's Scholastic Aptitude Test state averages statistics.

statistics.
Honig says the combined verbal and mathematics scores for the SAT dropped two points this year, compared to figures from last year. But the success is in this year's results.

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Honig says 1989 a 'success story'

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creases and lifts the ban on planting and irrigating seeded lawn and sod. A goal of 15 percent reduction of normal water use remains in effect.

Commercial, industrial and other customers using more than 200 gallons per day stand to benefit the most. The rate rollback will reduce water bills of major residential users anywhere from \$2.55 to \$7.99 a month.

The lower rates, which are

anywhere from \$2.55 to \$7.99 a month.

The lower rates, which are retroactive to Aug. 1, will show up on October's water bills.

For households using less than 200 gallons per day the action is largely symbolic. This group, about half of EB-MUD's customers, was not affected by the rate increase.

EBMUD customers succeeded in cutting water use by 18 percent, exceeding the district's goal. District reserves were also bolstered by March rains that were 80 percent higher than normal in the Mokelumne basin, where EBMUD stores much of its water.

Storage at district reservoirs stands at 624,440 acre feet, about 74 percent of the average in a non-drought year but well above the 300,000-acre feet minimum level set by EBMUD.

Reservoir storage during the 1978-79 drought hit a low of

"Our average math scores remained flat at 484 and our verbal went down two points to 422 for a combined score of 906, three points above the national average," Honig says. "These average scores mask strong and steady annual growth for every major ethnic group in the state."

Honig says blacks, Asians, Hispanics and whites have improved performance significantly. "In just one year, combined



Planting and irrigating lawn and sod is "legal" again

245,730 acre feet in fall of 1977.

Nancy Nadel, who also voted to continue the emergency, said that lifting restrictions would send a "mixed message" to customers.

"We still need to tell the public that we're not over the drought," she said. "Until we get back to average storage we need to continue to conserve

California students score highly on SATs

and the best way to do that is not lift the restrictions."
"We only have problems when we have extremely dry years back-to-back," said Board President Sanford Skaggs. "Since we are over 50 percent more than the minimum that leads me to the inevitable conclusion that the drought emergency is over (even though) the drought may not be over."

## Kensington scouts will hold annual orientation

An orientation and registra-tion meeting for the Kens-ington Club Scouts and Tiger Scouts, Pack 82, will take place at Kensington Youth Hut, 59 Arlington Avenue at 7:30 p.m. on Sept. 25. All boys in first through fifth grades are invited to attend. A movie on scouting will be shown.

will be shown.
On Oct. 8 Pack 82 will march in the Kensington parade starting at Amherst and Arlington avenues at 12:30 p.m. The parade will go up the Arlington and end at the Kensington open house at the Youth

Hut.

Den and pack meeting be held at the Youth Monday evenings, are schedul weekends to local place terest and overnight cr

Last year's outings a visit to Black D Mines, Point Rey Maritime Museum, El bowling, Golden Gal and an overnight a Hermes.

For information call Proctor at 527-7444



## Help needed for abused k

Contra Costa County seeks volunt

scores for black students are up six points, Asians up five points, Hispanics up two points and whites up five points," he says.
"This is part of a continuing trend in California since 1984," Honig says.
The new figures are distorted, however, by the fact that more students took the SAT test this year.

"The huge increase in the number of students taking the" test, together with major demographic shifts, also distort significant improvements in the performance of our students," Honig says.

This means that the state reached deeper into the state's talent pool for test takers, which normally results in a drop in scores, he says.

"Instead, our scores improved steadily," says Honig."

Contra Costa Count
The Court Appointed Special
Representative Program is
recruiting volunteers on behalf of
neglected and abused children in
Contra Costa County.
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and recommendations to the
Juvenile Court in cases where
issues are complex and the child is
at risk of becoming "lost" in
foster care.
By operating outside the
"system," the CASR volunteer
can bridge the gap of mistrust and
alienation that compounds the
problem of resolving the case and
finding a safe, supportive home

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#### JFK offers free law school sem

John F. Kennedy School of Law will offer a free seminar on "All About Going to Law School" Saturday, Oct. 7 in Walnut Creek.

The seminar will cover the variety of law programs offered

in the Bay Area, caree tunities in the legal field, family, work and scho mitments, and related to

The Realty Com

by Mickey Phi and Larry Lo

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## Nelson

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rell it would be recognized.

reventh-grader at the time,

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dithe Zero, "Yes, we know," they

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im. im. "It's a test." Then they do to there to call; no one d. Nelson was the only in the country to correctly and report the Zero. He and ther, posed in the cockpit of ro, had their pictures in apers all over the country.

the coffessions

then Melson became an adult, sade his first professional. He was now writing fession stories, selling more 100 in the 1950s, but since fession magazines did not use author's name, 1961 was a ling point in his career, was the year he sold his first nee fiction story, and this time name appeared in print.

If on the Sky'' is still in also and was recently intelligent for many. He's been ingever since. Elson continues to engage in a ber of hobbies. When his soliy is plued, he missaically pursues his new tst.

tralyears ago, for example, asked by an editor friend easeries of magazine on first century anity. He did, and he fascinated with the even building plastic of the Roman ships he'd

w, one area of his home yis devoted to books and inferences on Ancient . He enjoys showing visitors places of ancient coins, street of Rome and a scrapbook with magazine cutouts of ags and other artifacts. has an entire card file do one year that struck sp: 69 A.D. Alphabetized theadings and monthly eadings and monthly organize all the facts he ents of that year, even
ng he has discovered about

successful than I in building up a following and becoming famous," he said. But, except when looking at bills from time to time, he doesn't regret the choices he has made to keep variety in his

he has made to keep variety in his life.

"I wander aimlessly after my interests," he said. "Then I find that I'm able to use them." A shelf of books on the Victorian era, a box with items on Cleopatra and Egyptian religion and a folder on the 25th century ("when we'll probably be visiting other planets") reflect the diversity of those interests.

#### Hobbies as inspiration

Nelson is meticulous about the accuracy of his period works and he uses his hobbies for inspiration. In the early 1950s, for example, he saw a print of the 18th century poet William Blake. "I was immensely impressed with it as art," he said. He did some imitative studies and a number of years later happened upon Blake's "Marriage of Heaven and Hell." His study of Blake evolved into yet another fascinating hobby.

into yet another fascinating hobby.

When an editor friend phoned asking for ideas for a new science fiction line, Nelson started talking through the idea of a possible time travel book oriented around Blake. "By the time the phone call was over I had spun out the plot line."

The book was published in 1974 as Blake's Progress. Nelson received lots of mail from Blake fans and scholars with new insights into Blake's life and work, details one might only learn in reading doctoral theses. He also discovered the works of Mary Wollstonercaft, Blake's intimate acquaintance and an early ferries. intimate acquaintance and an early feminist.

He wrote a new version of the book, Timequest, in 1984 with double the number of characters and a radically changed plot.

The book deals with the issues of feminism feith and received.

The book deals with the issues of feminism, faith and reason, imagination and the misuse of power, all within the context of time travel. Nelson believes that his decision to completely rewrite the book based on his new-found information is unique among authors of fiction. He made the same radical revisions in another work — which became The Prometheus Man — to incorporate major technological changes.



Nelson sports the beanie he invented

Nelson's care for authenticity is reflected Dogheaded Death, his first mystery in a number of years. It is the story of a shipping magnate, a small number of possible suspects, and an intelligent, diligent detective. What makes it special is its setting in first century Alexandria.

Every detail illustrates Nelson's familiarity with that setting. His knowledge of Alexandrian Egypt is reflected in small details: the layout of the villa, the colors and sounds of city life.

"If I were to set down in first century Alexandria," Nelson said, "there's not a chance in the world I'd get lost."

This Sunday Sent. 24 Ray

This Sunday, Sept. 24, Ray Faraday Nelson will be signing advance copies of Dogheaded Death at 2:30 p.m. at Newburn Books, 650 San Pablo Ave.,

## Church Notes

First Unitarian Church, 1 Lawson Rd., Kensington. 525-0302.
Rev. Holly E. Horn, associate minister, conducts a service Sept. 24 at 10:45 a.m. on the 1989-90 religious education program titled World Religions: Heritage and Hope.
The early morning meditation service meets at 8:30 a.m., the personal theology group and the 20s-40s group at 9:30 a.m. Sunday school begins at the church.

ing at 9:30 a.m.

Christ Lutheran Church, 780

Ashbury Ave., El Cerrito. The
Reverend Martin J. Schaefer, pastor.
524-1050.

Morning prayer. Sermon by Pastor
Schaefer on Sept. 24 is How Much Do
We Care About People? Sunday
school is at 9 a.m. and worship service 10 a.m.

school is at 9 a.m. and worship service 10 a.m.
Pastor Schaefer will begin a new ministry as chaplain at Salem Lutheran home in Oakland Oct. 1.

Mira Vista United Church of Christ, 7075 Cutting Blvd., El Cerrito. Rev. Nancy McKay. 234-0110.
Rev. McKay's sermon at the 10 a.m. service Sept. 24, The Ballad of Gomer and Hosea, will focus on a good family life. Music will be Bow Down Low, a Shaker song. Adult and children's education classes meet at 9 a.m.

Grace Lutheran Church, 15 Santa Fe Ave., El Cerrito. Joan M. Ross, lay minister. 525-9004. Sunday school and Bible classes meet at 9 a.m. Worship service is at 10:30 a.m. followed by a coffee hour

in the parish hall.

Holy communion will be celebrated at the 10:30 a.m. worship service Sept. 24

Sept. 24

First Church of Christ Scientist, 601 Lexington Ave., El Cerrito. Sunday services are at 11 a.m.; Sunday services are at 11 a.m.; Sunday school at 11 a.m.; Wednesday evening testimonial meeting at 5 p.m.

The lesson sermon for Sept. 24 is Reality. The public reading room is open Monday, Tuesday and Wednesday from 1 to 3 p.m. For information call 525-1676.

El Cerrito United Methodist Church, 6830 Stockton Ave., El Cerrito. Gary E. Pope-Sears, pastor. 525-3500.

Worship service Sept 24 is at 10 a.m. with Pastor Pope-Sears presiding. The choir, under the direction of Connie Frueh, will provide special music.

Also at 10 a.m. Pastor Pope-Sears will have a moment for the young at heart after which Sunday school begins. Child care is available.

A coffee hour follows at 11. The adult Bible class and special discussion classes meet at 11:15 a.m.

Sycamore Congregational Church,

Sycamore Congregational Church, 1111 Navellier St., El Cerrito. Rev. Dr. Paul Nagano, minister; Rev. Sadao Masuko, Nichigo minister. 525-0727.

Pastor Nagano's sermon at the 11 a.m. service Sept. 24 is A Cure for Cultural Christianity. Nichigobu worship service as well as coffee and question time are at 9:45 a.m.; Nichigo Bible study meets at 11 a.m.;

Arlington Community Church, 52
Arlington Ave., Kensington. Rev.
Ken Barnes. 526-9146.
Sunday services begin at 10 a.m.
Child care for infants and children
under 3 is available. Coffee hour immediately follows the service.
On Sept. 24 Associate Pastor Ellen
Green will preach the sermon My
Compassion Grows Warm and
Tender.

Albany United Methodist Church, 980 Stannage Ave., Albany. David Ellis, pastor. 526-7346. Sunday school for all ages is at 9:30 a.m. Worship service is at 11 a.m.

Worship service is at 10 a.m. Adults choose either the forum or biblical studies class. Children's classes begin at 11:20 a.m.

Healing service through Dorothy M. Friedman, Bishop of the Temple of the Blessings of God, will be held at 3 p.m. Sept. 24 at the BFUU Hall in Berkeley. For information call

#### Correction

Every effort is made to ensure accuracy in The Journal. Readers are encouraged to write with corrections or clarifications to PO. Box 1624, El Cerrito 94530.

#### Beach clean up day planned for all over the East Bay Saturday

Lots of volunteers are needed to join in East Bay Regional Park District's share of the fifth annual California Coast Cleanup Day, scheduled for Saturday, Sept. 23.
This year's effort has been expanded to cover public shoreline in the East Bay all the way from the Santa Clara County line to Antioch.

Participants will help to rid the shoreline of trash and debris that poses a hazard to wildlife and threatens the safety of people as

well.

After the work session, volunteers will receive T-shirts and will be treated to a barbecue. There will be 16 staging areas in Alameda and Contra Costa counties where cleanup crews may assemble. All park district shoreline parks will be involved

except for Crown Beach in Alameda.

The work session will last from 8:30 a.m. to 3 p.m. Volunteers should wear old clothes, gloves, and sturdy shoes or rubber boots. They should bring their own lunches; water and soft drinks will be provided. Volunteers may choose the staging area they prefer.

To volunteer or receive more information, call Jane Moorhead, volunteer coordinator, at 530-4875.

Sponsors of the event include

530-4875.
Sponsors of the event include Carl's Jr. Restaurants, Calistoga Water, Pepsi, Chevron, Dave Ferreira Distributing Co., Granny Goose Foods Inc., Richmond Sanitary Service, Mother's' Cookies, Sunshine Biscuits Inc., Unocal Corp., Waste Management Inc., and Wonder Bread.

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## outes

to ban trucks on Jackson but Mayor Henry Kruse Councilmember Robert is voted against the move it would create more problems than it would The tie vote spelled defeat issue but council members itemative ways to remedy lity line problem should be ally examined.

we examined.

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ating Oct. 15 as "White
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ercise

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mation, signed by Mayor Kruse who is blind, calls for offering opportunities and training to blind people and for 'all citizens to recognize the white cane as an instrument of safety and self-help for blind pedestrians on our streets and highways.''

In addition, council members 1990

made appointments to the Solano Avenue Task Force. Fifteen task force members will take a comprehensive look at Solano Avenue and make recomendations for its future. Meetings will be held on Sept. 27 and Oct. 11 at 7:30 p.m. An initial report is due Oct. 30 and the final report March 15, 1990.

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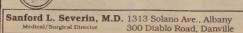
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# RESTAURANT

#### **East Bay Dining** By Michael S. Holmes

SABINA INDIA CUISINE

The beautiful 1920 tile front building that now houses the Sabina India Cuisine restaurant is a fitting entrance to a world of spices and aromas from the country that has widened our taste with Tandoori oven specialties, saffron rice dishes, lamb and seafood curries and vegetarian dishes, all from Northern India.

Sabina India Cuisine has been gaining popularity under the able management of Mrs. Urmila Desai and chef Ashok Kumar, who together offer the unique experience of traditional Indian dining.

Dishes on the menu include: Tandoori prawns in a marinade of yogurt; boneless chicken tikka kabab marinated in spices and roasted; lamb pasanda curry in a mildly spiced cream sauce with nuts; and a hot and spicy chicken vindaloo served with potatoes. All dishes are served with rice and traditional bread called nan.

Sabina India Cuisine is open for lunch Monday through Friday 11:30 a.m. to 2:30 p.m. and for dinner seven days a week from 5:30 p.m. to 9:30 p.m., Sunday evening until 9 p.m. There are two locations: in Oakland, 1628 Webster St. (the phone number is 268-0863) and in Concord, 4607 Clayton Rd. (the phone number is 827-9112).

LE MACONNAIS

A 12-minute drive on the MacArthur freeway doesn't quite seem long enough to get you to France but once inside this very romantic restaurant the aroma, music and ambience will make you check your passport more than once.

Daniel Pont was born to this avocation and has served it well both in France and America. The attention to detail is evident in presentation and preparation. Meals begin with Dubonnet or perhaps a Royal Kirr followed by escargots in garlic and fresh parsley butter and for her, Le Saumon Fume et sa Sauce au Caviar.

The dinner menu choices include: fresh fish of the day; breast of chicken with artichokes in a Madeira wine and cream sauce; veal sweetbreads with mushrooms; medallions of beef with peppercorns, cream and cognac sauce; and of course roast duck with raspberry sauce or just maybe rack of lamb coated with mustard and fresh herb sauce. And there are many more temptations.

Let owner Daniel Pont and chef Guy Grenier prepare and serve a meal you will not soon forget. The restaurant is located at 21181 Foothill Blvd. in Hayward and is well worth the drive. Dinner is served Tuesday through Saturday from 5 p.m. Reservations are advised; please phone 538-3522.

NOAH'S NEW YORK BAGELS

As the name implies this is a New York style speciality shop; what the name does not say is that after your first visit you will be able to stop saving for your annual trip back east for the food you love.

Noah Alper has not just created atmosphere but a Kosher-certified bakery and dairy delicatessen. The gleaming deli cases and counters hold 13 varieties of bagels and an assortment of smoked and prepared fish including New York lox, herring in cream sauce, smoked white fish and chopped herring.

Bagel varieties include plain, poppy seed, super onion, egg and garlic, New York caraway rye and cinnamon raisin. These can be served with several types of cream cheeses and shmears.

Also available are egg salad sandwiches, peanut butter, tuna salad and pickles.

ed with several types of cream cheeses and shmears.
Also available are egg salad sandwiches, peanut butter, tuna salad and pickles.
Noah's Bagels has been open only a month and already a faithful group of regulars has formed, after your initiation you will taste why.
Noah's New York Bagels is located at 3170 College Ave. in Berkeley and open weekdays 7 a.m. to 6:30 p.m. Saturday 8 a.m. to 6 p.m. and Sunday 8 a.m. to 3 p.m. The phone number for special orders and additional information is 654-0944.

As the name implies, Cosmopolitan is a restaurant where you will find dishes from around the world prepared properly and served graciously.

As the name implies, Cosmopointan is a restaurant where you will find dishes from around the world prepared properly and served graciously.

Family owned and operated by Robert and Rosemary Meusy, the restaurant opened this May 16 with their son, Denis, as head chef.

Lunch on the garden patio this summer will start with smoked salmon and French onion soup followed by an inspired Cobb salad or mesquite grilled New York steak done to your request. Pasta and seafood entrees continue the luncheon fare and of course the sandwiches are a meal by themselves.

Dinner inside or out will be served by waitpersons dressed in black and white. The menu includes fresh fish of the day; sauteed calamari steak served with capers and black butter; mesquite grilled Maine lobster and filet mignon; or perhaps medallions of veal piccata.

The Sunday champagne brunch includes in the selection: smoked salmon, fresh fruit, eggs benedict, French toast and lobster quiche.

The Cosmopolitan is located at 3909 Grand Ave., in Oakland and serves lunch Monday through Friday 11:30 a.m. to 2 p.m., dinner from 6 p.m. to 10 p.m., no lunch on Saturday, dinner from 6 p.m. to 10 p.m., and Sunday brunch from 10:30 a.m. to 2 p.m. with dinner from 5 p.m. to 9 p.m.. For resrevations please call 654-8484.

#### CHEZ OLIVIER

CHEZ OLIVIER

Located on Piedmont Avenue in Oakland, Chez Olivier is an authentic neighborhood gourmet restaurant. Chef and co-owner Teresa Perkins along with lunch chef Rick Way has created a imaginative blend of French influenced California cuisine.

Opened almost three years ago by Olivier de Bodt, the restaurant has a loyal local following who enjoy sitting at pink and white linen covered tables listening to classical music while being served poulet au parmesan, filet mignon au poivre vert and saumon chef Therese.

The lunch menu includes fresh pastas, crepes and several inspired salads. The salade bruxelloise consists of poached chicken breast in white wine with garlic and herbs, mixed greens, fresh asparagus, tomato and cucumber, a wonderful salad by any standard.

Chez Olivier is located at 4027 Piedmont Avenue in Oakland and serving lunch Tuesday through Saturday 11:30 a.m. to 2 p.m.; dinner Tuesday through Thursday 5:30 p.m. to 9 p.m. and Friday and Saturday 5:30 p.m. to 9:30 p.m. There is ample public parking directly behind this well known word-of-mouth restaurant.

#### KAM'S GARDEN RESTAURANT

KAM'S GARDEN RESTAURANT
A downtown Berkeley tradition continues at Kam's on Center Street.
This restaurant has been serving breakfast, lunch and dinner for many years to faithful and always appreciative customers.
Starting August 28, Kam's will be serving an all-you-can-eat buffet lunch and dinner. The lunch buffet menu includes: egg flower soup, beef with broccoll, kung pao chicken, chicken chow mein, barbecue pork fried rice, dry spiced ribs and green salad. The buffet lunch is served from 11:30 a.m. to 2:30 p.m. Monday through Saturday and on Sunday noon to 2:30 p.m.
The dinner buffet includes: egg roll, fried won ton, egg flower soup, pepper steak, almond chicken, pork fried rice, vegetable deluxe, shrimp lo mien and golden fried chicken. The buffet dinner is served Monday through Saturday 5 p.m. to 8 p.m.
Kam's Garden Resturant still has one of the best breakfast specials in town, the Morning Glory Special, with two pancakes, two sausage, one egg, juice and coffee for \$3.25. Kam's is located at 2068 Center Street in Berkeley. The phone number is 841-5942.



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# Arts and Entertainment

# the best actors with four legs

filo and Otis' elebrates life

Film

Mentures of Milo and Otts is playing

net my family and I — ime "pug people" — saw parming Japanese film, *Milo* vis, two thoughts occurred to

me of us;
the Disney folk have
met their match in the
animal flick department;
sond, no dog in the world
be persuaded to do most of
fings Otis did in this picture
yof bailing his pal, Milo the
out of a series of
wortures!

out of a series or entures! , it did take the efforts of count 'em, 18 en — count 'em, 18 — trainers, working over a ear period, to complete this ely short (76 minutes) a narrated by Dudley

ed with (and capable of) bringing in an entire series of *Lassie* films all by himself. Of course, collies are much more amenable than pugs to doing what their trainers ask of them.

Shot on Japan's northernmost island by Masanori Hata, who authored the story on which it is based, *Milo and Otis* is the tale of a cat and dog raised together on a farm.

cat and dog raised together on a farm.

Their days are concerned with playing hide-and-seek or desultorily watching over soon-to-be-hatched eggs — a job they find so boring they soon go off on an adventure that takes them far from the farm.

This film has not a single human in it, nor does the story require any two-legged bucking up. These animals (actually some 30 different cats were used to play Milo, and an apparently unlimited number of pugs were assigned Otis' role) carried the movie quite well on their own, thank you.

Difficult as it will be for pug owners (and dog lovers generally) to believe some of the stunts the various Otises (Otii?) do in this scenically splendid film, producer Masaru Kakutani insists the animals "received no training or overt direction."



process, for the most part. Still, there were those 18 trainers listed in the credits ....

Author-director Hata, who has a wide following in Japan, had wanted to make a film like Milo and

and finally found the opportunity when he set up his own private "animal kingdom" (more than \$00 beasts of various kinds) in the hauntingly lovely Hokkaido countryside.

Hata later built a studio there

and began shooting what he calls this "kind of fair fairy tale ... the setting of which would be timeless and placeless." Moreover, Hata insisted that this effort be seen as a "celebration of life" — and that's exactly what he got.

# Shedding a little light on Indian cuisine

Considering the enormous size the country, and the grandeur its cuisine, India has yet — the two notable exceptions — make the same sort of impact the American restaurant me that the countries like time, France, Italy and even etico have. These two captions are New York City, the there are whole highborhoods which could be staken for parts of Delhi or mabay, and the San Francisco y Area.

mbay, and the San Francisco y Area.

In the Bay Area, with the sible exception of a small dian community in the vicinity University and San Pablo mues in Berkeley, there is no stific area you can visit that is tain to remind you of India.

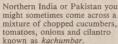
Wever, there are certainly a ge and ever-growing number places where you can go to come acquainted with the sic elements of Indian culture d food.

with any travel, however. der to properly prepare left for the experience, it is ul to know a bit about the you plan to visit before

#### Salads and Soups

We spent more than two two two in India without ever with anything that remotely sembled a salad. In addition, without a couple of dozen with a couple of the ing your greens at your lind idea to bear in mind The East Bay's **Best Ethnic** Restaurants

By Richard and Linda Flamm



Northern India or Pakistan you might sometimes come across a mixture of chopped cucumbers, tomatoes, onions and cilantro known as \*kachumbar\*.

Soups are another matter.
Although Indians do eat them, and are quite capable of making some good ones, you have trouble believing this if you never leave the West Coast. If they serve soup at all, most local North Indian restaurants will offer only mulligatawny — a hearty lentil soup akin to dal, the side order which accompanies virtually every North Indian meal.

Mulligatawny can be quite a delight if it is made right, but unfortunately this is rarely the case here. Once in a great while you will be able to find a tomato soup and, in South Indian restaurants, you will usually be able to try a thick, spicy dal variation known as \*sambar\* or a spicy vegetable broth called \*rassam\*, but that's about it.

This is a shame because in many Indian restaurants on the East Coast and in London you will routinely find delicious homemade coconut or, less frequently, chicken soup.

homemade coconut or, less frequently, chicken soup.

#### Dinners

Since orthodox Hindus do not eat beef, Indian restaurants will rarely serve it. And pork dishes, which are taboo to the Muslim

offer a choice of three types of non-vegetarian dishes: lamb, chicken and seafood.

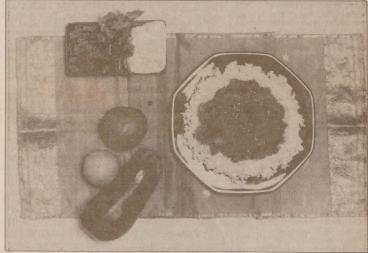
In addition, most Indian restaurants feature a wide variety of vegetarian fare. But what most distinguishes Indian cookery is not so much the type of food being served, but the method by which it is prepared. It is important to have an understanding of the two styles of food preparation you are most likely to encounter: curry and tandoor.

While Americans tend to think of curry only as that pungent yellow spice with a bizarre odor that seems to stain everything it comes into contact with, curry is, in reality, not just a spice but a style of cooking. The traditional curry sauces served in Bay Area Indian restaurants are normally the product of a dozen or more different spices.

In particular, Indians make much use of onion, cumin, ginger, garlic, coriander, chili, tumeric, cardamon, cloves, nutmeg, black pepper and cinnamon — the final five composing the essence of garam masala, a familiar mixture which is often sprinkled on Indian entrees just before they are served. An authentic curry will take several hours to prepare.

While curries can be downright scrumptious, two

While curries can be downright scrumptious, two notes of caution are in order: first, curries are often so nicely spiced that one tends to forget



Lamb is popular cooked in a tandoor or, as pictured, in a curry sauce

that they area, at root, a form of gravy which can be extremely heavy and fattening.

Second, curries were originally developed in the days before refrigeration and were often used to mask the aroma of meat going bad.

Although presumably curries are not often used for this purpose today, since they can have this effect it is prudent to be vigilant when dealing with them — do not hesitate to return any item that you think may not be quite right.

Many Americans feel that the single greatest contribution of Indian cuisine is that style of cooking known as tandoori, where the meat or other entree is first marinated in yogurt and spices, then broiled over charcoal in a classic clay oven called a "tandoor."

While the tandoor is tyle of cooking has come to be routinely associated with chicken, virtually any type of meat, fowl or fish can be cooked in the tandoor, and

foods.

Some restaurants also serve such items as tandoori lamb chops, mixed grill or fish. Many also roast their bread (rotiyaan) in the tandoor.

#### Chicken, Lamb and Seafood

Chicken, Lamb and Seafood
Although chicken curry and chicken tandoori are two of India's most popular dishes, there are a number of other fine entrees that Indian restaurants make with the bird.

Chicken tikka masala, for example, is a wonderful dish which basically combines the two styles of cooking. The chicken is first marinated, then charcoal broiled, usually in a tandoor. Finally, it is allowed to simmer in a mild spicy (masala) sauce. Chicken sagwala (cooked in spinach) and korma (mild saffron curry) are also well

worth a try.

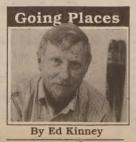
Like chicken, lamb can be cooked in a tandoor or served in a curry sauce. Other common lamb entrees include the popular Kashmiri dish known as rogan josh, sag gosht — lamb cooked in a fragrant spinach sauce, keema mattar — minced lamb sauteed with fresh green peas, herbs and spices, lamb pasanda — served in a mild sauce with almonds, and bhuna gosht — a spicy curry featuring brown onions, ginger root and a hint of garlic.

The usual seafood dish on an The usual seafood dish on a Indian menu is prawns. In addition to tandoori prawns, you will sometimes see the Benghali dish known as *jhing bhuna* (prawns in gravy). Occasionally you will also see fish tandoori or curry.

See INDIAN CUISINE on page 10

# not-so-faraway island that offers scenery, trails, history

MGEL ISLAND is so close per so few of us take lake of what it has to histead we prefer to the silhouette at sunset. It is and I had not visited a laland for perhaps 15. That is until a letter from the few of the silhouette silhouet



ferry. We caught the earliest one, which leaves at 10 a.m.

The first Red and White ferry from Fisherman's Wharf also leaves at 10 a.m. Both schedules are reduced from daily to weekends between about Oct. 1 and April 30. (To verify departures, call 435-2131 for Tiburon and 546-2896 for Red and White schedules.)

The last ferries depart from Angel Island between 4 and 5 p.m. The round trip price is \$4 from Tiburon and \$7.10 from San Francisco. Ferries no longer

run from Berkeley.

Both ferries land at Ayala
Cove, named for Lt. Juan
Manuel de Ayala. In August
1775, he anchored his sailing
ship, the San Carlos, in this
protected cove on the west side
of Angel Island. Here his tired
Spanish crew celebrated a mass
of thanksgiving and named the
island "Isla de los Angelos."

FIRST SEEN is a large picnic area with tables and barbecue stands. To the left is a small snack bar open during ferry

hours. A visitor's center, located behind the picnic grounds, houses the California park rangers, Angel Island Association, a slide show room, museum and a book store. The latter has books on the history of Angel Island and of course T-shirts.

of Anger Island and of the shirts.

I'd recommend going to the center first for a map of the island and to enjoy friendly and informative discussions with AIA people. This will help you decide whether to take a five-mile circular trail hike (two to

four hours) or enjoy a picnic lunch after viewing a slide show about the island.

The Angel Island Association is a non-profit volunteer organization dedicated to interpreting Angel Island State Park's natural and cultural heritage. Last year, membership contributed 14,387 hours leading 2,100 tours of Angel Island, lecturing and renovating buildings.

See ANGEL ISLAND on page 10



Hikers enjoyed a picnic overlooking breathtaking views of San Francisco

## Angel Island -

Continued from page 9
us a tour. Highlights include:

Camp Reynolds (West
Garrison). This camp, with the
only remaining wooden buildings
from the Civil War, was built to
prevent Confederate naval boats
from sailing into San Francisco
Bay. California was a
"northern" state but had many
southern sympathizers.
It's questionable if the camp's
guns could have given
protection. During the United
States' first centennial in 1886
island batteries attempted to sink
an anchored target ship. After
many shells were fired — all
missed — the target was torched
by hand.

Due to its strategic location
the military used Angel Island to
protect the bay from the 1860s
to 1962 when Nike air defense
missiles were dismantled. The
AIA hopes to restore many of
these old Camp Reynolds
wooden buildings.

Immigration Station (North
Garrison). When the Panama

• Immigration Station (North Garrison). When the Panama

Canal opened, the United States had expected that floods of Europeans would go directly to the West Coast. They built an immigration station, but World War I had begun and the wave never materialized.

So between 1910 and 1940 the station was used mainly as an entry and interrogation point for Chinese. Due to the Chinese Exclusion Act of 1882 and because the 1906 earthquake and fire destroyed records, many of these legal Chinese citizens had to demonstrate eligibility to reenter or to bring family members into the country.

This often meant internment here for up to two years. Poems written by these people describing their experiences remain on the building walls. Standing in front of the detention barracks we listened as Paul Chow graphically described this incarceration to a group of elderly Chinese.

"Chinese were delayed or denied entry mainly due to the So between 1910 and 1940 the ation was used mainly as an

competition caused by strong work ethics. Be proud, not ashamed of your heritage," he

seen from the East Bay.

AS SO frequently happens, w did not allow ourselves enough time. I plan to return soon to photograph San Francisco, the Colden Gate Bridge and Marin County. The views are spectacular.

Before going to Angel Island, call 435-6382 for a recording of current events. Those interested in joining the Angel Island Association or having a guest lecturer speak at a civic club should write Theodore Weber, 2219 Spyglass Lane, El Cerrito 94530 or Veronika Kauffmann, Angel Island State Park, P.O. Box 866, Tiburon 94920.

# 'Eat a Bowl' lacks plausibile

#### Film

By Renata Polt

Special to The Journal

Some background on Wayne Wang's Eat a Bowl of Tea:

1. Chinese emigrants to this country were primarily men traveling without their families, intending to make their fortunes and then return home. Most neither made fortunes nor returned; but because of American "exclusion laws," Chinese women were prohibited from entering the country from 1924 until after World War II, leaving large colonies of Chinese "bachelors" in cities such as New York (San Francisco had more Chinese women left from earlier times).

In 1946, partly because of China's status as our ally during the war, Congress passed a "War Brides Act," permitting Chinese-American servicemen to import Chinese brides.

2. The Cantonese phrase "drink (or eat) a bowl of tea" means the equivalent of "take your medicine" and refers to the strong herbal potions, or "teas," prescribed by traditional Chinese healers to be taken once a day.

Now for the movie, set primarily in New York's Chinatown in 1949.

Ben Loy (played by tall, attractive the strong was the control of the control o

Now for the movie, set primarily in New York's Chinatown in 1949.

Ben Loy (played by tall, attractive Russell Wong) is a modern, carefree young war veteran who isn't excited at the prospect of returning to China to bring back a wife, as his father, Wah Gay (Victor Wong) orders him to do. But, being a dutiful Chinese son, he goes ... and falls in love at first sight with his intended bride, Mei Oi (Cora Miao, wife of the director).

To Wah Gay and to Ben Loy's father-in-law, Lee Gong (Lau Siu Ming), the marriage means the prospect of grandchildren, and soon. After all, if no grandchildren materialize, it's the old folks who will lose face, or so they're made to believe by the taunting their cronies in the barber shop and in Wah Gay's gambling club dish out.

When one of the old men dies in the barber's chair, Wah Gay tells Ben Loy it was from a broken heart at Ben's not yet having produced a child.

"I'm not pressing you, just asking," says Wah Gay, pressing. But the more intense the pressure, the less Ben Loy is able to perform. His impotence and the demands of his new job as manager of a big Chinese restaurant — a job created for him in recognition of his new status as a respectable married man — make Mei Oi look more kindly on the advances of the slimy gambler Ah Song (Eric Tsang Chi Wai). Thanks to the barber shop grapevine, news of the affair soon spread sthroughout the community.

I expected to be as enthusiastic about this Wayne Wang comedy as I was about his other two features dealing with Chinese-American life, Chan is Missing and, especially, Dim Sum. But I wasn't, a fact I'll blame largely on the screenwriter, Judith Rascoe (who adapted the film from a



Cora Miao and Russell Wong star in Wayne Wang's "EataBe

1961 novel by Chinese-American novelist Louis Chu), and on

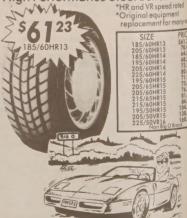
novelist Louis Chu), and on misguided casting.
Wang (together with cinematographer Amir Mokri and production designer Robert Ziembicki) also conveys tremendously atmospheric settings: Ben Loy's Chinatown walkup, the New York city streets (actually filmed in Hong Kong) and the goldenly misty first shots of the Chinese village are immensely evocative.

is also where the casting come in.

Cora Miao, for all he good looks, is frankly in play an innocent village city slicker Ben Loy it raction to her is just at Her almost immediate the smarmy blandishmet Song are a problem the have been alleviated casting of a less repulsing actor. And finally.

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## Indian cuisine-

Continued from page 8

inclined to try them, therefore, you should be certain to ask about their freshness before you do. On more than one occasion we have ordered expensive seafood entrees only to find that they were not fresh or had even gone bad.

#### Vegetarian Specialties

Vegetarian Specialties
The following vegetarian
offerings (sometimes spelled
slightly differently) are common
to many Indian restaurants:
mattar paneer — cubes of
Indian farmer's cheese with
green peas cooked in tomato
curry, saag (or palak) paneer —
ditto with spinach, aloo ghobi —
cauliflower and potatoes cooked
with herbs and spices, dal
makhani — a creamy and
sometimes scrumptious lentil
curry, mushroom bhaji —
mushrooms and green peas in a
mild curry sauce, channa masala

On occasion you will also see bhindi masala, which is spiced okra in a mild masala sauce, but this is a seasonal preparation which rarely seems to be in

Although Indian desserts do not taste much like anything most Americans are used to, it is amazing how quickly one can acquire a taste for them. Indeed, Indian sweet shops specializing in such items as barfi (a firm, flavorful cheesecake which tastes much better than it sounds) have begun to sprout up all around the hav.

Richard Flamm, a Berkeley attorney, and his wife Linda have written fravel and restaurant articles for national newspapers and magazines. Their first book, Guide to the Bay Area's Best Ethnic Restaurants (Or How to Travel Around the World Without Leaving Say Francisco) is due

## **Business Scene**

WICK'S APPLIANCE, a mainstay in Berkeley since 1934, is celebrating their newly remodeled showroom with a grand opening.

Wick's owner, Denny Perelli, commented that "Wick's Appliance has completely remodeled its 5000-square-foot showroom. Teaming with Custom Kitchens by John Wilkins, Wick's now features several beautiful kitchens complete with appliances displayed as they would as they would look in your home."

This takes the guesswork out of your kitchen remodeling as well as offering ideas that may not have occurred to you or your contractor.

Wick's carries a full range of of

help you in comparison selection and installation.

Wick's Appliance is located at 2524 Shattuck Ave. in Berkeley and open Monday through Satur-day 8:30 a.m. to 5:30 p.m., Sat-urdays 9 a.m. to 5 p.m., closed Sundays. The phone number is 549-0800.

reaming with Custom Kitchens by John Wilkins, Wick's now features several beautiful kitchens complete with appliances displayed as they would as they would look in your home."

This takes the guesswork out of your kitchen remodeling as well as offering ideas that may not have occurred to you or your contractor.

Wick's carries a full range of of appliances from moderately priced to top-of- the-line manufacturers.

Full lines of Kitchenaid, Litton, Westinghouse, Gaggenau and Traulsen are on display as well as the futuristic looking Creda and Viking Professional ranges.

Wick's has been known for over 50 years for providing friendly and courteous service and for having a team that can deliver and install your new appliance to satisfaction.

If you are planning a complete kitchen remodel or are just in the market for a new refrigerator or microwave, Wick's will be glad to

By Michael S. Holmes

stay at an American Retirement Villa. Some may wish to stay on a trial basis. Others may be recovering from an illness or hospital stay, while some may simply wish to avoid a lease, buy-in situation or other long-term financial commitment.

In addition, the monthly rents are all inclusive, providing for three meals a day plus snacks, housekeeping, fresh linens, personal laundry and a full range of activities and social events. With the available scheduled transportation services, seniors can make regular trips to banks, movie theaters, shopping centers and medical facilities.

Each American Retirement Villa residence is located in a convenient neighborhood setting. The Villas are well equipped with dining rooms, hobby rooms, TV lounges, billiard tables, plus libraries and beauty salons.

Northern California locations span the entire Bay Area and beyond. Seniors interested in finding out more about the special caring and secure atmosphere shared at all American Retirement Villas locations are invited for a complimentary lunch and tour of the residence nearest them.

For information about the nearest Villa in your location please contact the Retirement Inn of Sunnyvale at 408-738-3410.

# Library offers new services directory

Bay Area Information and Retrieval System program of the Contra Costa County Library now has available for purchase the second edition of the "Directory of Human Services for Contra Costa County."

The directory is designed for human service professionals such as social workers, school counselors, clergy, elected officials, law enforcement officials, hospitals, counselors, employee assistance programs and others.

It contains more than 700 human service resources complete with agency name, address, phone, hours, fees, eligibility requirements, area served, transportation services, foreign languages spoken, wheelchair accessibility and detailed information about services.

A new feature of this updated 1989-90 edition is a soft-cover phone book with agency name and telephone number, convenient for office or field use.

Cost of the directory, which includes tax and shipping, is \$46.10. Call the BAIRS program, 646-6458, to order.

# **Sports In Action**

aniors Track and Field Classic

# two runners break world records in soggy meet

ichard Kellam

winning the Harry Koppel Award, given to the top male and female performers in the 100-meters. The late Harry Koppel was a one-time world record holder in

The late Harry Koppel was a one-time world record holder in the 100 for men 70-74, a performance that Hart paced him to.

The women's winner of the Harry Koppel Award was 48-year-old Lynda Jackson, who covered the distance in 15.0 seconds.

The winners were determined not by actual time, but by a formula weighting ages and performance standards that eliminates age and gender bias. The same formulae were applied to determine the best track and field performances of the day.

one world and one American record.

Sister Marion Irvine, a 59-year-old nun who qualified for the 1984 Olympic Trials in the marathon, ran a world-pacing 11:20.2.

Dave Stevenson, 61, set an American record for ages 60 to 64 with his time of 10:31.4.

Their performances were

especially notable since they were achieved in spite of steady rainfall.

Shirley Matson used a break between storms to set an American record in the 45 to 49 bracket in her first-ever 800-meter race. The 48-year-old already holds many agegroup records at distances from 1,000 meters to 30 kilometers.

Because there were fewer competitors than expected, several age groups competed simultaneously to fill out the fields. Matson raced virtually alone as she beat 54-year-old age-group winner Vickie Bigelow, who finished in 2:40.3.

The rain may have shortened

The rain may have shortened the list of participants and moistened the track, but it didn't dampen the spirit of the athletes who competed. They shielded themselves by huddling under the spare vegetation lining the track while waiting for their events to begin.

for their events to begin.

Most performances seemed little affected by the rain. Pole-vaulter Ed Seese, 31 hours shy of moving into the 40-year-old age bracket, said good technique could conquer poor weather conditions.



More than 150 runners participated in Saturday's race

# Football, volleyball, cross country in play

EL CERRITO — As school gets into the swing of things, so do the sports teams. Here is an early look at how the El Cerrito High School teams shape up:

Following that they had to

MAGIC: 61

FRIDAY FOOTBALL:

non-league matches, needing just



# See Spot Go.



You knew it had to happen eventually, and now here it is. You had Dick and Jane over for brunch, and your reward is the first spot on your brand new carpet: a big splop of tomato juice in the northeast corner of the dining room, right out there for all the world to see. Where the world, in fact, can't miss it. Enough to break your heart, isn't it?

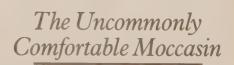




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#### Calendar

The Albany Alcohol and Drug Abuse Prevention Council will meet Sept. 21 at 7 p.m. in the conference room at city hall.

Foom at city hall.

Buzzin' Cousins Square Dance
Club is offering square dance lessons
at Veterans Hall on Stockton Avenue
in El Cerrito beginning Sept. 25 at
7:30 p.m. with caller Roger Loney,
For information call 222-2687.

The El Cerrito Democratic Club will meet Sept, 26 at Castro Park Clubhouse to hear Sue Strong outline plans for the SANE/Freeze Peace Economy campaign in California. Admission is free.

East Bay Home Economists in

I Can Cope is the title of a free eight-week course offered by Brookside Hospital and the American Cancer Society to help cancer patients and their families. The course will be Thursday evenings from 7 to 9 p.m. For information call Laverne Baker at 235-7006, ext. 2874.

usDA Club of International Training in Communication will hold a meeting on Sept. 23 from 9 to 11 a.m. at Hazel Eskaton Manor in El Cerrito. Guests are welcome. For information call 524-2530.

Fixer Upper Homes: Myth and Reality is the subject of a lecture at the Owner Builder Center in Berkeley on Sept. 25 from 7 to 10 p.m. For in-

Soroptimist International of El Cerrito will hold their weekly meeting on Sept. 26 at noon at the Mira Vista Country Club.

Tear gas training will be presented at Albany City Hall from 9 to 11 a.m. on the following Saturdays: Sept. 23, Oct. 28, Nov. 18 and Dec. 16. The course fee is \$23 which includes the state license to use Mace for self defense.

Dr. Linda Berry, author of Internal Zeansing, will speak on her book and ts healing program on Sept. 26 at 7 .m. at Health and Harmony, 1770 iolano Ave., Berkeley.

The program is free. For information call 527-6998.

tion can 527-6998. Estate Planning for Special Needs is the subject of a lecture by Ronald Jay Greenwood, attorney, at Herrick Hospital in Berkeley on Sept. 27 at 7:30 p.m. The program is sponsored by the American Schizophrenia Association-Alliance for the Mentally III.

Leana Alba will speak on The Meaning and Magic of Ritual on Sept. 22 at 8 p.m. at the Heartsong Center for Expanded Perception in Albany. For information call 527-1214.

# Quadraplegic gets four-legged help

Albany resident Tim Lynn was an active and popular senior at Cal Poly San Luis Obispo last year. Two months before graduating with a biology degree and with a job all lined up, Lynn ran into some bad luck.

While diving in unfamiliar waters near school, he hit the ground and broke his neck. He is now a quadraplegic, paralyzed from the shoulders down.

Mustering up courage and his inherent zest for life, Lynn went on to get his degree and enroll in a graduate program at U.C. Berkeley. Experiencing school life for the first time in a wheelchair last semester, Lynn said he felt like people looked over him or through him. Like he wasn't even there.

He decided that something had to be done to become independent again, to feel like a real person again, and to make friends once more.

on Aug. 19, after two weeks of grueling, hard work, Lynn received a service dog from Canine Companions for Independence in Santa Rosa. CCI is a non-profit organization dedicated to providing trained dogs to disabled people other than the blind.

people other than the blind.

The service dogs perform such tasks as turning on and off light switches, pushing elevator buttons, picking up items off the floor and pulling wheelchairs, among other things. As important is the Canine Companion's function as ice-breaker for meeting new people and as a friend.

In a speech at the August graduation ceremony of CCI, Lynn said he is confident that with the help of family, friends and Matisse (his yellow labrador), he will feel like a complete person







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# Thin daughter worries mom Basically that's programmed already into your genes — we inherit our size. Proper nutrition, rest and exercise help you grow strong and to your programmed height. Since you appear to be pretty happy with your own height, it seems the thing you're worried about is the teasing. One thing is to understand about teasing. First, people who tease often don't feel good about themselves; maybe your teaser is self-conscious about his height or weight. Second, teasing only works if the teaser knows he's really getting to you. Ignore him, learn to use some good comebacks (friends might have some suggestions), and hang out with friends you really enjoy. "Working Together" is a Basically that's programmed

**Working Together** 

I have a 15-year-old daughter who, in my opinion, is very attractive. But she moans and groans that she is too fat. Today I took a good look at her and realized that although she is 5-foot-4, surely she must weigh less than 100 pounds. I try to tempt her by cooking her favorite foods, but she hardly eats enough to keep a bird alive, saying she is full. Is this typical teenage behavior, or am I right to feel worried about her health? Yes, to both of your

teenage behavior, or am I right to feel worried about her health?
Yes, to both of your questions. In our society, being thin is seen as a sign of beauty and success. Even though there is no particular logic to this view, it is nevertheless a strong value with which all of us, particularly women, grow up.
Concern about one's appearance and weight is normal; intense overconcern is not and may indicate that the person has an eating disorder. My guess is that you are worried that your daughter may have anorexia nervosa.
Anorexia nervosa typically begins in adolescence and is characterized by an intense fear of being fat (even when one is very thin), self-induced starvation, cessation of menstruation in girls, and generally a weight loss of at least 25 percent.
"Binging and purging" or grossly overeating and then vomiting or using laxatives frequently is a part of this illness.
If your daughter has anorexia, you will we have a single to the self-induced and then your daughter has anorexia, you will have the self-induced the self-induced that you are worself-induced starvation; a part of this illness.

frequently is a part of this illness.

If your daughter has anorexia, you will not be able to coax or force her into eating. I know of families who have tried to make their daughters (or sons) eat, and it didn't work. Anorexia nervosa is an illness. By the time it comes to the attention of family and friends, the child may already have a one to two year history of the illness.

Many emotional and physical changes may already have occurred. Typically, the child feels isolated from her friends, and may refuse to participate in normal teenage activities. She may be secretive about her eating problem and not attempt close relationships for fear of being found out and being criticized.

Medically, there can be a wide range of consequences — from dry skin, hair loss, constipation, insomnia and staining of teeth

criticized.

Medically, there can be a wide range of consequences — from dry skin, hair loss, constipation, insomnia and staining of teeth (from vomiting) to severe cardiac problems.

This is what I suggest: Have your daughter seen soon by her pediatrician; be sure to tell the doctor your concerns.

Sometimes significant weight loss is due to illnesses that look like anorexia, but are not.

If the pediatrician suspects or diagnoses anorexia, in addition to any other medical regimen he advises, have him refer you to an eating disorders program. Most major hospitals have such programs. Your local family services agency or community mental health clinic could also give you some referrals.

I'm concerned about my height. Everybody teases me, except my friends (make that really close friends), and my family. There's this kid that really teases me. He calls me stuff like "shrimpsky." When he calls me names I just call him "fat," because he is quite big. I really am growing; right now I'm 4-foot-3. I think I'm pretty tall. What can I do?

About what? Your height or his teasing? There's not a lot you can do about your height or about how fast you grow.

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"Working Together" is a monthly advice column on family problems by psychotherapist Helen Tinsley. Tinsley is a licensed clinical social worker and therapist at Kaiser Hospital. She maintains a private practice in El Cerrito. Send letters to 609 Kearney St., El Cerrito 94530.

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EL CERRITO - First Showing - Newly listed townhouse, 2+ bedrooms, 2½ baths, located in the hills with a view. End unit with dining area, pato privacy. Only \$199,000. Eves. Barbara 234-2825.



**4 Unique Properties Available** 

Restored Victorian in commercial/residential zoning. Tenants in Common. Separate entries with some hill and bay view. \$125,000 \$135,000. Seller will carry.

Quaint turn-of-the-century Victorian in central BERKELEY. 2BR/1BA. Cute, partially restored. \$195,000.

"OLD DOBBINS ESTATE" 15 acres near Lake Shasta w/3 springs. Virgin redwood home in very private valley w/meadow and fruit trees. \$125,000, Video available.

Oakland building lot: Creekside setting. Have expired plans for 2 unit condo. Right of 2607 Hickory Street. \$60,000.

Ex-Architect/Contractor Terrence Jue, TEPPING REALTY CO. 843-5353 or 525-5966 residence.

#### **NEW HOMES IN MONTCLAIR**

- SEVERAL IN FOR PERMITS
   FIVE UNDER CONSTRUCTION
- TWO COMPLETED

Ideal situation for buyers to select colors, finishing details, etc. Priced from \$389,950 to \$695,000. Three and Four Bedroom designs. Some with San Francisco and Bay views.

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DELAWARE ST. - 8 UNITS

OXFORD ST. - 6 UNITS

onial style building in convenient Berkeley loca-1. Two 1-bedroom units and 4 studios. \$310,000 ASHBY AVE. - 8 UNITS ar Telegraph Avenue. Modern eight 2-bedroom, at units in close proximity to shops and sportation. \$340,000

EUCLID AVE. - 6 UNITS
the Berkeley north side 6-unit building. Three
sconsisting of three 2-bedroom units, tw
droom units and a studio. Substantial
bilitated, Ideal for owner occupant. Three unit
nt. \$430,005

CLAREMONT AREA - 9 UNITS Prime modern apartment building around corne from Peet's, Berkeley Tennis Club, and transportation. Two 2-bedroom units with fireplaces, sever 1-bedroom units. \$450,000

DIVERSIFIED REAL EQUITY INVESTMENTS, INC.

PEARSON BOBBITT REAL ESTATE 2250 UNION ST. S.F. CA. 921-6560

MONTCLAIR **NEW CONSTRUCTION** \$549,000.

MULTI LEVEL 3 BEDROOMS, 2.5 BATHS DINING ROOM, FAMILY ROOM SPACIOUS, VIEWS, DECKS, GARAGE LANDSCAPED, PRIVATE

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PIEDMONT TRADITIONAL \$925. Lovely home 3+ BD/3½ BA, fam m, suite, sitting room. Magnificent groom for pool. Dorothy Carey 534 339-0484.

PIEDMONT FAMILY HOME \$698 Wonderful 8 Yr. old home, family romå rm. 6-BR, 3.5 BA, sauna. Compt renovated. Havens School District. S Klemmer 531-7000/654-4804.

CROCKER HIGHLANDS abulous new listing! Spanish Mediemintally renovated, 3+ BD/2.5 BA, great uite, formal dining. Donna Conroy 537, 39-0165.

LINCOLN HEIGHTS

New listing! Gourmet kitchen, healed sauna, wine cellar, built-in dark m. 380m BA. Move in condition. Christine Christine 531-7000/530-8412

MONTCLAIR \$444 4 BD/2.5 BA level ranch home. Separat ty room, workshop, 2 car garage at imately 1/2 acre lot. Mary Lowe 537

Private setting, 3 BD/2-BA, hot lub for paint inside and out. New carpet energy. Beth DeAtley 531-7000/655-55

PARKRIDGE ESTATES Skyline. Fireplace, sunken living m. pool. 3-BD/2.5 BA, double car garaga Lowe 531-7000/832-8356.

HAVE YOU SEEN THIS? MONTCLAIR PIEDMONT PINES Les filtered bay view, 2 Frplcs, beamed Hdwd firs. 3-BD/2-BA, study, rumpus dining. Noll Davis 531-7000/53195%

MONTCLAIR CONTEMPORARY \$46 Spacious 4-Br, 2-Ba, + Den, remotes chen, Hdwd ffrs, large decks. Dordhy 531-7000/339-0484.

GREAT FAMILY HOME \$38 Reduced! S.F. view, 3-BD/2-BA, fam. in hardwood firs. Dorothy Carey 531 339-0484.

OAKMORE
2 BD/2-BA, formal dining, family fireplace, great deck & yard. Dorolly 531-7000/339-0484.

"AS IS" FIXER
MONTCLAIR. It's tired! Needs love at \$20,000 pest control report. 4-BD, 2-BA pus. Noll Davis 531-7000/531-9536

261-6592

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WORD Processing Service 339-8077, Montclair area, am-pm Thesis, reports, resumes, manu scripts. Diablo 630 Printer.

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AUGUST SALESPERSON OF THE MONTH



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Grubba Ellis
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NEW CONTEMPORARY - Custom designed 3 bedroom 2½ bath home near Claremont Hotel that offers approx. 2500 sq. ft. of living area in a serene setting - formal dining room, sunny kitchen, family room and much more. Great Value at \$495,000. Call 527-3303. #816

EL CERRITO HILLS - Magnificent panoramic Bay View is yours to enjoy from this elegant custom built executive home. Features huge liv-ing room, gourmet kitchen, family room and din-ing, gameroom. An truly a showplace at \$625,000. Call 527-3303. #817

ALBANY HILL - Superb 2 bedroom home wformal dining room, remodeled kitchen, updated bath, 2 car tandem garage wiworkshop, deck, fenced yard. Asking \$249,500. Call 527-3303. #818

RICHMOND ANNEX - Exceptional 2 bedroom stucco home that offers all conveniences plus a S.F. Bay View. Large living room w/fireplace, formal dining room, updated kitchen, large fenced lot. Offered at \$197,500. Call 527-3303. #819

WHITECLIFF "BEAUTY" - Superbly kept 3 bedroom 2 bath ranch style home in most desirable neighborhood - electric kitchen, spacious living room w/fireplace, dining, double garage, great backyard. Priced at \$205,000. Call 527-3303. #820



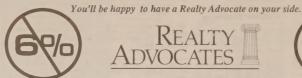
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Selling? Our Ads Promote Your Home, Not Our Sales.

BERKELEY - \$490,000 3+BR/1½BA. Stately Elmwood traditional, 3 fireplaces, den, sunroom, large partially finished attic w/poten-tial. Shirley Donovan 843-4526.

EL CERRITO - \$429,000

4BR/3BA.
Light, space & location, this has it all: Approx 1/3 acre overlooks Bay & nature area. Enormous family rm, easy in-law. The one to move up to.
Best EC location. Bob/Ginny Blumberg 527 0344

EL CERRITO - \$259,000

3BR/2BA
Family rm, lovely garden. Attractive family home
3 blocks below Arlington on quiet street off Barrett. EXCEPTIONAL VALUE. Bob/Ginny

OAKLAND/GLENVIEW - \$310,000

4+BR/2BA.
Light & gracious handsomely renovated traditional home. Gleaming parquet floors, great separation of spaces, deep secluded lot. Alexandra Crisafulli 843-5224.

RICHMOND NORTH & EAST - \$197,000

4+BR/2½BA.
Great location just N. of El Cerrito. Huge family rm, needs cosmetics but well worth it! Just reduced. Bob/Ginny Blumberg 527-0344.

RICHMOND VIEW - \$235,000

3BR/2BA.

NEW LISTING! Split level, large family rm, big garden. Quiet cul de sac just N. of El Cerrito above Canyon. What A Value! Bob/Ginny Blumberg 527-0344.

EL CERRITO - \$279,500

3+BR/1½BA SF view, huge rumpus room down w/separate entrance-ideal for in-law, teen, etc. New price -Act now! Bob/Ginny Blumberg 527-0344.

ROCKRIDGE - \$285,000 2+BR/1BA Charming, quintessential craftsman, within walking distance to BART, shops & restaurants. Excellent condition. Susan Reese 843-6091.

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PRIVACY - VIEWS - POSSIBILITIES \$1,475,000
10 - acre estate in Oakland Hills. Bay Area unfolds at your feet - views forever! Home & barn/stable. Zoned agricultural. EVELYN WALKER 339-8787, eves. 658-3656

LIKE A PRIVATE PARK? \$525,000 Private garden courtyard! Elegant 3 bdrm, 2+ bath es-tote-like home. Heated Pool! THOM BENNETT 428-0900, eves. 482-5221

PANORAMIC BAY VIEW \$482,500 Beoutiful! Large, Private lot. Lovely kitchen, fam. rm. & libarary. Decks galore. Incredible views! CHARLOTTE MARTINEZ 339-9290, eves. 482-8116

PRIVATE SKYLINE SETTING \$475,000
A 3 bdrm ranch home on 1.6 acres with mature landscaping will give you maximum privacy. Room for Pool & tennis. MADELEINE HICKLING 428-0900, eves. 655-6896

FOUR PLEX ON THE LAKE \$429,000
Four 1-bdrm units with unobstructed lake views. All
units are refurbished & upgraded. JAMES R. GORMLEY
834-2010, eves. 452-1858

PIEDMONT ENGLISH PIEDMONT ENGLISH \$399,000
Wonderful 2-story fixer-upper just a block from Wildwood School, 3 bdrm, den, rumpus. First time ever on market. LOIS HEYDEN 428-0900, eves. 547-4579

OWNER WILL DEAL \$369,500 A home with dramatic flair - 4 bdrms with sweeping view. Like new. Make Offer! USA BOUGHTON 428-0900, eves. 839-6679 MONTCLAIR CHARM & PRIVACY
Well-maintained 3 bdrm 3 bath country home with
family room! Hardwood floors. Canyon view. Great buyl
NANCY CHEW 339-9290, eves. 339-9367

PRIVATE & LUXURIOUS! \$359,500
Montclair. Move-in condition! Bearmed ceilings. Hardwood floors. Decks. Hot tub. Master suite. Rec. room. Canyon view. GYANI RICHARDS 339-8888, eves. 530-1066

ONE OF MONTCLAIR'S FINEST \$359,000 ed ceilings give the living room magnificent dimensions 3 bdrm 2+ bath. THOM BENNETT 428-0900, eves 482-5221

PEACEFUL CANYON SETTING \$359,000
Easy living in Piedmont Pines. Enjoy the vaulted beamed ceilings, master suite, 4 + bdrms, formal dining, sunny decks, & Bay view! THOM BENNETT 428-0900, eves. 482-5221

BRING YOUR CONTRACTOR \$335,000
Visit this potentially special duplex in the best Rockridge location. CLAUDIA ELLINGHAUS 834-2010, eves. 533-6298

SECLUDED RETREAT
\$328,500
Delightfully sunny & with level out backyard! This
3 bdrm, 3 bath home boasts 2 fireplaces, too. Quiet
cul-de-sac location. PAUL HAVERTY 834-2010, eves.
465-8248

PIEDMONT SIDE OF MONTCLAIR \$299,000
Generalis 2 below in impeccable condition. Spacious & Gorgeous 2 bdrm in impeccable condition. Spacious & sunny. Eat-in kitchen. Tiled Baths. Sunny decks. Garden area. Excellent schools. PAMELA CORNFORD 339-8888, eves. 547-4289

PRIVACY ON HUGE LOT! \$269,000
Woodsy, secluded Montclair. Dining nook. Rumpus
room. Level patio off kitchen. Oversized lot. Great
Value! 2 bdrm, 1 bath. GYANI RICHARDS 339-8888,
eves. 530-1066 DOUBLE YOUR PLEASURE!

Two bdrms! Huge buildable lot perfect for EXPANSIO POSSIBILITIES! Take a look, bring your imaginatio MARLENE DANIELS 339-3520, eves. 522-6029 JUST LISTED! \$259,000
Mahogany floors. Marble fireplace. Updated kitchen.
Spacious floorplan. 3 bdrms. BOB RANDALL 339-8888,
eves. 531-2683

INCREDIBLE VALUE! \$257,000
Secluded setting. Great City access. Move-in condition.
Just perfect 3 Bdrms, 2 baths. ALICE M. BELLO
339-3520, eves. 655-8459

Attractive hills home. Large rumpus room. Deck. Patis Nice yard. NEW LOW PRICE—MAKE AN OFFER! 4th bdrr potential, 3 baths. TOM LARKIN 339-9290, ever 276-1584

GLENVIEW BUNGALOW \$237,500 Sweet home in beautiful condition. Coxy surroom up-stairs, office or playroom downstairs. Country kitchen. Sweet home in beautiful condition. Cary sunroom up-stairs, office or playroom downstairs. Country kitchen. Redwood deck. Great yard with flowers & fruit trees. CHARLOTTE MARTINEZ 339-9290, eves. 482-8116

FLOODED WITH SUNLIGHT
\$230,000
This charming Normandy-style home on upper Fruitvale has lovely hardwood floors, fireplace & lovely hill views from arched windows. 2+ bdrms, 1+ baths. Friedly neighborhood! JOAN DARK 834-2010, eves. 531-7275

INCLUDES GAZEBO! \$228,500
Delightful! Brick accents. Hardwood floors. Private cul-Delightfull Brick accents. Hardwood floors. Private cul-de-sac. 2 bdrms. Redwood deck. Separate guest cot-tage. BOB RANDALL 339-8888, eves. 531-2683

DIAMOND IN THE ROUGH \$225,000
A gem near campus. Huge backyard. Large living room.
Formal dining. Spacious kitchen. Much potential.
CAROLINE SLOTEMAKER DE BRUINE 339-8888, eves.
834-4747

BEST BUY IN AREA! \$219,000 Sellors are very motivated for quick sale. Very large Victorian. Completely re-done. BEAUTIFUL. Near transportation & parks. PAULA D. CHAMPION 339-9290, eves. 531-0557

VICTORIAN COTTAGE \$189,000
Unique detailing. Beoutiful built-ins. Formal dining.
Breakfast neok. Full bosement. 2+ bdrm. NAHID
NASSIRI 339-8787, eves. 531-1670

ROOM FOR EVERYONE! Four bdrm family home. Fireplace, formal dining, full basement & more. Great Maxwell Park area! JOAN DARK 834-2010, eves. 531-7275

JAPANESE GARDEN \$125,000
Beoutiful waterfull, & fish pond. Extro Land with fruit
rees. Bay view! Good Area! PAULA D. CHAMPION
339-9290, eyes. 531-0557

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MONTCLAIR 3200 Sq Ft Executive Home 4 BR 2½BA PLUS 3 Bonus

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buildable lot • Stunning view of wooded canyon • Gourmet cook's kitchen • Custom

conditioned • Satellite Dish • Professionally landscaped \$649,000 for BOTH • 339-8781

BERKELEY BEAUTY

Charming 3 bedroom, "Gournet Ghetto" area, separate study studio, hardwood floors, formal dining, remodeled country kitchen with lovely oak cabinets. Formerly owned by renowned geographer Carl O. Sauer. Yard with deck, hot tub, tall trees with romantic swing and jungle gym, garden area. Off-street parking. Price Reduced \$329,500.

Better BETTER HOMES REALTY 232 Brookwood Road Ofrinda, CA 94563

Renovated home + income. Ideal for couple or single.

PRIME BERKELEY HILLS LOCATION

Stately beauty with stunning bay view from living room, dining room and master bedroom. Spacious living room, private study, 4 bedrooms, 3 baths. Plus basement workshop and two car garage. \$645,000. By appointment. Call Al Williams 222-3416.

Williams 222-3416.

UPPER KENSINGTON - Attractive, well designed 3 bedroom, 2 bath family home with catherdral beamed ceilings in living room and dining room, fireplace, beautiful hardwood floors, and a breakfast nook. Two car garage. Level back yard, 55x100 lot. \$370,000. For appointment to view call Ingrid 524-2303, eves. 527-6597.

NORM WILLIAMS REALTOR 524-2303 851 Pomona, Albany, Ca. 94706

Properties

\$209,000

Diane, 540-5581 NORTHBRAE PROPERTIES 526-4336

New Berkeley listing:

cabinetry everywhere

#### 930 Tree Service

#### C&B Tree Service

**Public Notices** 

Premiber 7

The following persons are doing business as Prime Resource, 2830 business as Prime Resource, 2830 business as Prime Resource, 2830 business as Catalan Enterprises, D. Pinole Valley Road, Sutte 111, Michael Milbauer, 171 Devonshire Way, San Francisco, CA 94131.

Michael Milbauer, 171 Devonshire Way, San Francisco, CA 94131.

This business is conducted by Co-Partners.

Statement was filed with County Clerk of Contra Costa County on August 15, 1999.

Publish Journal, August 31, September 7, 14, 21, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4743
following persons are doing
ness as Jerry Fay's Machine
p. 3427 San Pablo Dam Road,
p. 3427 San Pablo
Road, El Sobrante, 94803.
orence G. Fay, 3427 San Pablo
Dam Road, El Sobrante,
33.

1803.
This business is conducted by dividuals-Husband and Wife.
Statement was filed with County lerk of Contra Costa County on ugust 18, 1989.
Publish Journal, August 31, eptember 7, 14, 21, 1989.

an Individual.
Statement was filed with County
Clerk of Contra Costa County on
August 18, 1989.
Publish Journal

, El Sobrante, CA 94803.
This business is conducted by ndividuals-Husband and Wife Statement was filed with County lerk of Contra Costa County on ugust 2, 1989.
Publish Journal, -August 31, eptember 7, 14, 21, 1989.

THATIOUS BUSINESS
NAME

The following persons have abandoned the use of the fictitious business name: 1. Norcal Business Felecommunications Center, 2. Business Communication Center, 3. Judsons Telecommunications, 1445 Rumrill Burk, Suite H, San Pablo, CA 94806.
The fictitious business name referred to above was filed on 122/389 in the County of Contra Costs. Original File No. 88-01122. Full Name of Registrant-Norcal Business Investments Inc. 3419 Tarand Ave. Oakland, CA 94510. Zelifornia.

Publish Journal, September 7, 14, 21, 28 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4670
se following person is doing
siness as Mail Plus, 3817 San
biblo Dam Rd. El Sobrante, Ca
803.

is business is conducted by dividual.

Statement was filed with County rk of Contra Costa County on pust 15, 1989.
Publish Journal, September 7, 21, 28, 1989.

#### **Public Notices**

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4518
following person is doing
ness as Dreamhouse Conction, 6657 Hill St. El Cer-

530. Reed, 6657 Hill St., Et 4 94530. Isiness is conducted by

FICTITIOUS BUSINESS NAME STATEMENT File No. 89-4924 he following person is doing usiness as Straight Facts, 5108 uckboard Way, El Sobrante, 4803.

ries O. Quinn III, 5108 oard Way, El Sobrante, 803. This business is conducted by

individual. Statement was filed with County rk of Contra Costa County on gust 28, 1989.

FICTITIOUS BUSINESS NAME STATEMENT File No. 89-4360

NAME 314 NEW YORK THE NEW YORK

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4952
The following person is doing
business as Cat Bay Painting &
Maintenance, 5820 Alameda Ave.
Richmond, Ca 94804.
Thanh Duc Maj, 5820 Alameda
Ave. Richmond, Ca 94804.
This business is conducted by
an Individual.
Statement was filed with County
Clerk of Contra Costa County on
August 29, 1989.

Abraham Azimi Golzary, 2523 enney Dr. San Pablo, CA 94806. This business is conducted by

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4364
The following person is doing
business as Bay View Painting, 46
Zander Ct./ P.O. Box 2153,
Orinda, Ca 94563.
Peter Andrew Dewey, 48 Zander
Ct./P.O. Box 2153.
This business is conducted by
an Individual.
Statement was filed with County
Clerk of Contra Costs County on
July 31, 1989.
Publish Journal, September 7,
14, 21, 28, 1989.

Community Folk

By Clara-Rae Genser



## Brotherhood gets a taste of neediness

#### THE LUTHERAN

THE LUTHERAN
Brotherhood gave a dinner recently with a most unusual menu. The dinner was given to raise funds for Richmond's Souper Center, a program that feeds an average of 300 hungry people every day at lunch time. The usual lunch is a meat or fish sandwich — or sometimes a cheese or peanut butter sandwich — and a tasty, wholesome soup. Dessert is usually a sweet roll or cake donated by a local grocery store. Not a gournet lunch, but an attempt to feed as many people as possible in as healthy and tasty a way as possible.

Well, that was the menu at the dinner given by the Lutheran Brotherhood. A tuna salad sandwich, a second sandwich which could be your choice of cheese or peanut butter, a bowl of soup, coffee (and milk for the kiddies) and a piece of sweet roll for dessert.

In other words, it was an

for dessert.

In other words, it was an opportunity for the guests to experience the meal served to the Souper Center clients. And everyone there understood and appreciated the idea behind the dinner.

appreciated the idea behind the dinner.

A TOUCHING moment came when Elizabeth Weatherall, who chaired the event, asked how many people there were volunteers at the center. A vast majority of the diners raised their hands.

They work at least one day a month making and serving the food, and they bring friends and relatives to the fund-raising events to help raise the money needed to continue the work.

Steve Bucknum, Volunteers of America's Contra Costa director, emceed the evening.

The VOA runs the Souper Center, with the help of many individuals, organizations, church congregations, and members of the clergy. It was fun, it was serious, it was meaningful and, hopefully, it raised money for an important

IMAGINE THE sky, soft blue and kissed by a brilliant sun, filled with balloons. Not just any balloons, but hot air balloons, rising silently and gracefully into the ether. Balloons of such a variety of colors and patterns, and even in a variety of shapes, that the whole area took on a festive, joyful look.

This was the sight that greeted us last weekend when we went to Reno to watch the balloon races. Having experienced my second balloon ride while in Africa recently, I again wanted to be in one of those bright, beautiful balloons, soaring over the city and up to the top of the nearby mountains.

Lots of people did go up. I heard that one balloon shaped

mountains.

Lots of people did go up. I heard that one balloon, shape like a bucket with a bottle of champagne in it, served as a wedding chapel for a young couple.

wedding chapel for a young couple.

A fantastic sight greeted the people who arose before dawn each day of the races. That is when the Dawn Patrol came up. Just a few — usually eight to 12 balloons — went up and with their fires revved to their hottest point, the balloons lit up like fairy shapes in the dark sky. Lovely. Actually, sensational.

off for Virginia City whannual same races were annual same races were Now, that is a different experience altogether.
These were single hus dromedaries, with blank camel saddles on their one race, at least, Aust saddles were used. Strawhen the camels stretch their necks and ran they well, not creatures of be certainly more graceful had thought they could We had mixed emotion the ostrich races. They want to. But the chario attached to their middle they took off. It want long race, but the reluct one of the ostriches may exciting.

filled with motorcyclis
Harley Davidsons by
hundreds. The Harley
were there for a com
Our last sight of Re
left on Sunday was th
beautiful balloons, wa way down as the race end. The one shaped Mouse just wasn't ma but the champagne be the battery were there

I WAS AMAZED at he many people called me an reading about the Fifty Remployment Service. On this is a much needed me and I am pleased that me able to tell you about it. all of you who called we to contact Guadahupe Righer staff, or the staff of West Contra Costa goog luck to all of you. I WAS AMAZED at

We heard about the: from Ms. Rios, the co-of the program. She fel readers would like to k

#### **Public Notices**

August 23, 1989. Publish Journal, September 7, 14, 21, 28, 1989.

STATEMENT OF
ABANDONMENT OF
USE OF
FICTITIOUS BUSINESS
NAME
File No. 840481
e following persons have abanned the use of the fictitious
inness name Bay View Painting,
10 Patricia Rd. Orinda, Ca
553.

ita.
Ilenn B. Bomar, 10 Patricia Rd.
Ida, CA. The business was
ducted by Glenn B. Bomar.
tatement was filed with County
rk of Contra Costa County on
731, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 99-4375
The following person is doing business as Graphics Unilimited, 956 Risa Rd. #39, Lafayette, CA

549. Christopher Sorrenti, 956 Risa 1, #39, Lafayette, CA 94549. This business is conducted by

an Individual.
Statement was filed with County
Clerk of Contra Costa County on
August 1, 1989.
Publish Journal, September 7,
14, 21, 28, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
FIEIN No. 88-4974
following person is doing
iness as Bay Medical and Sural Supplies, 5327 Jacuzzi
et #402, Richmond 94806.
lussart All Khan, 1224 North
ngo Dr. Hollywood, CA 90061, his
business is conducted by
ndividual.

narvious. tatement was filed with County rk of Contra Costa County on just 30, 1989. ublish Journal, September 7, 21, 28, 1989.

File No. 89-4942
The following person is doing business as Macdonald Auto Sales, 4301 Macdonald Ave. business as Macdonald Ave. business is conducted by an individual. Statement was filed with County Clerk of Contra Costa County on August 29, 1989.

14, 21, 28, 1989.

#### **Public Notices**

Statement was filed with County Clerk of Contra Costa County on August 8, 1989. Publish Journal, September 7, 14, 21, 28, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4716
The following person is doing business as Doves, 3641 Wilkinson Lane, Lafayette, CA 94546, Catherine L. McCulloch, 50 E. Attarinda Dr., Orinda, CA 94553.
This business is conducted by an Individual.

This business is conducted by an Individual.

Statement was filed with County Clerk of Contra Costa County on August 22, 1889.

Publish Journal, September 14, 21, 28, October 2 1989.

STATEMENT OF ABANDONMENT OF USE OF FICTTIOUS BUSINESS NAME
The following person has abandoned the use of the fictitious business name: Pizza House, 220 Cutting Blvd. Richmond, CA. The fictitious business name referred to above was filed in the County of Contra Costa. File No. 87-5316.
Abebe Kebede, 3765 High St. 4912, Oakland, 94619. The business was conducted by an Individual. Statement was filed with County Clork of Contra Costa County on August 31, 1999. Publish Journal, September 14, 21, 28, October 5, 1989.

94804.
Verelene G. Gates, 1073 Camp-bell St. Richmond, CA 94804.
This business is conducted by an Individual.
Statement was filled with County Clerk of Contra Costa County on August 9, 1989.
Publish Journal, September 14, 21, 28, October 2 1989.

#### Public Not **Public Notices**

Statement was filed with County lerk of Contra Costa County on uguet 31, 1989.
Publish Journal, September 21, 8, October 2, 9 1989.

94572. Morrison-Davis, 1056 Seascape Cr. Rodeo, CA 94572. This business is conducted by an Individual. Statement was filed with County Olerk of Contra Costa County on September 11, 1989. Publish Journal, September 21, 28, October 2, 9 1989.

Northbrae

and workshop.

NEW LISTING!!

Charming brown shingle in good condition on quiet street. 3 bedrooms, 2 baths and yegetable & flower garden. Affordable at \$162,000.

Public Notices

Statement was filed with County
Clerk of Contra Costa County on
August 21, 1989.
Publish Journal, August 31,
September 7, 14, 21, 1989.

Statement was filed with County
Clerk of Contra Costa County on
August 14, 1989.

14, 21, 29, 1989.

File No. 89-4777
following persons are doing ness as Fresh Image Phase II uty Salon, 3411 Cutting Blvd. mond, CA 94804.
elicia Waynett Moore, 1309 sevelt Ave. Richmond, CA

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 99-4742
The following person is doing business as Desktop Graphics, 3419 Santa Clara Ave. El Cerrito,

ublish Journal, August 31, tember 7, 14, 21, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4300
The following person lo doing business as Dawn Foster & Associates, 47 Lafryette Circle, but 161, Lafryette, CA 94549.
Dawn Foster, 3341 Victoria Ave.
Lafryette, CA 94549.
Statement was filed with County Clerk of Contra Costa County on July 27, 1989.
Publish Journal, August 31, September 7, 14, 21, 1989.

Cerrito, CA 94530. Bong J. Im, 4746 Appian Way # 3, El Sobrante, CA 94803. Lisa K. Im, 4746 Appian Way # 3, El Sobrante, CA 94803.

FICTITIOUS BUSINESS NAME STATEMENT File No. 89-4669 following persons are doing ness as 1.Norcal Business communications Center, 2.

business as 1,Norcal Business Telecommunications, Telecommunications, 2145 Rumrill Bhd, Sulte H, San Pablo, CA 94806.

James P, Cowen, 3817 San Pablo Dam Rd. Ste. A, El Sobrante, CA 94803.

This business is conducted by an Individual. Statement was filed with Courty Clerk of Contra Costa County on August 15, 1989.

Publish Journal, September 7, 14, 21, 28 1989.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4553
The following person is doing business as V.G.G. Associates, 1073 Campbell St. Richmond, CA 94804.

susiness as East Say Lessum, cademy Inc., 1001 South 57th Street, Richmond, 94604. East Bay Learning Academy, California. This business is conducted by a Corporation. Statement was filed with County Clerk of Contra Costa County on August 22, 1989. Publish Journal, September 21, 28, October 2, 8 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4803
The following person is doing
business as Long Island Productions, 6787 Snowdon Ave, El Cerrito, CA 94530.
Billie L. Straub, 6787 Snowdon
Ave, El Cerrito, CA 94530.
This business is conducted by
an Individual.
Statement was filed with County
Clerk of Contra Costa County on
August 22, 1989.
Publish Journal, September 21,
28, October 2, 9 1989.

Statement of Withdrawal
From Partnerahlp Operating
Under Ficitious Business Name
File No. 882675.
The following persons have with
drawn as general partners from
the partnership operating undeb
business name of Long Island
Productions, 6787 Snowdom, 6787

Losee.
This statement was filed with the County Clerk of Contra Costs County on August 22, 1989. Publish Journal, September 21, 28 October 2, 9 1989.

August 29, 1999.

August 29, 1 FICTITIOUS BUSINESS
NAME STATEMENT
File No. 69-4632
The following person is doing
business as Grapevine Information, 12200 San Pablo Ava. Sta.
142, Richmond, CA 94805.
Susan Tarnack, 49400 Knott Ave.
Electrito, CA 94503.
This business is conducted by
an Individual. FICTITIOUS BUSINESS
NAME STATEMENT
File No. 188-4998
The following person is doing business as Acu-Med Center, 1494
Washington Brivd. Suite F. Con-cord, CA 94521.
John Russell Stebbins, 1265
Mortego #34, Walnut Creek, CA RELC WORLD LEADER IN SELOCATION 526-4336